

# THE EXCYLES

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GATORY

THE TRUE EXPERIENCES OF A WOMAN WHO  
IS LOVED BY EXTRATERRESTRIALS  
AND WAS ROMANCED BY A  
U.S. GOVERNMENT INTELLIGENCE AGENT

BY MIA ADAMS



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Navy (DON). He said that the Navy has been manipulated via the intelligence community and has become the shell operation for the entire conspiracy. The infamous "Black Helicopters" are flown by the CIA and the Drug Enforcement Agency (DEA). Panda was not aware of any other agencies using these.

There are reportedly several underground facilities across the United States that are used to deal with retrieved space craft and are human/alien workplaces where laboratories and bases are used in common. Panda was most familiar with the underground facilities at Edwards Air Force Base, California; Las Crusas, New Mexico; Cheyenne Mountain Norad Complex near Colorado Springs, Colorado; and Dreamland ("The Ranch") at Nellis Air Force Base, Nevada. Very much involved strategically, also, were the China Lake Naval Air Station, Scott Air Force Base and Homestead Air Force Base. Panda stated emphatically that the reputed Roswell crash UFO was stored and hidden at Edwards Air Force Base. There have been other discs there that were too big to be shipped out, so they had to be flown out. Panda didn't know whether it was aliens or humans or both who did that. There were also private defense and aerospace contractors in Southern California that had underground facilities with very strange things going on. Panda said that Northrup had an enormous underground facility near the Tehachapi Mountains, with over 40 levels below ground. Northeast of Llano, California, McDonnell Douglas Company operated a facility with very odd runways where glowing objects have been seen at night. He stated that Lockheed and General Electric also had underground facilities with high tech scenarios that have been reported connected to covert military and alien activity. There was no doubt in Panda's mind that these were all connected with the conspiracy.

The Cosmic Deep Throat stated that there were nine discs on site at Nellis at the time, and also live aliens working with a large scientific contingent there. One group of aliens that was incarcerated and died there was called "Ashue". They were subjected to experiments and a Faraday Cage. They were both telepathic and vocal. He claimed

there were several groups of aliens involved besides the well-known Grays. The "Blues" had similar features to the Grays and were three and one half to four feet tall. The "Whites" were lighter in color and had smaller eyes. There were also some Grays who had darker facial features and appeared like raccoons. Panda's opinion was that the Grays had little regard for life. They were said to be violent, deceitful and totally results-oriented, like our scientists who were involved with the aliens. He said that we also have been in contact with the Orion group and "Venusians." The Pleidians have avoided contact with governments. According to Panda, the human/alien project has been going on for more than 30 years, and the Nellis/Dreamland base has participated since 1977.

Panda explained that not all of the scientists involved had "Dr. Strangelove" mentalities. Many researchers would lay awake nights and became emotionally unstable because of what they were seeing and participating in. Paranoia was running rampant, since the motives of these morally-concerned people were now suspect. With knowledge came responsibility. They were now questioning the moral fiber of those in authority, but once they were involved, they could not ever get out of the program. Panda wanted out, but knew that it was most likely impossible. #

Most of the veterinarians were on three to four month contracts due to the horrors of their work. Some never reported back. It was too emotionally burdensome. As reported by abductees who have seen them, live animals did have plexiglass panels inserted in their bodies to view the organs at work. (Animal mutilations were justified as being "scientific investigations.") Panda felt that the scientific exchange of data has been lopsided, with the alien contingent getting the greater amount and quality of information. Dialogue was said to be perplexing to aliens. Sharing was not their natural proclivity. Some of the technology exchanged was written in what the cognoscenti call "The Yellow Book." It was written as a thesaurus related to information applied to our practical sciences, navigation, electromagnetic propulsion and particle beams. d

"Apparently, aliens know how to 'fold four navigational points' for interspace travel. They can also do this through electromagnetic flux and reflection. The Bermuda triangle is an entry point for most alien visitors. They report that they use the Pyramids as a focus of electromagnetic reflection," Panda stated.

He went on to say that our physicists working with the aliens were working under the guise of the Department of Energy. They did not understand the physics of the "four point fold" yet, but many continuously worked on it, on rotations of 24-hour shifts. It was reported that we used particle beam weapons to shoot down a disc over South Africa. Apparently, the disc was not one from the aliens we were in cahoots with. The motive of alien operations here was human betrayal. Panda said that human history would be rewritten by the government with the aid of this particular alien confederation.

Panda related a topic equally sinister, concerning our involvement with Nazis. During the decoding and dismantling of the German war machine after the Second World War, glyphs were uncovered that told of the history of how this planet was seeded by Pleidians, Grays and Blues. Some of the Nazis were given sanctuary for their knowledge of this and other Nazis were assisted movement to South America by the CIA. Most of the glyphs went to underground storage at Dreamland.

Panda stated that the use of mind control on the masses was also an aim. "The Army uses Neuro Linguistic Programming in psychological warfare and mind control scenarios. Advertising and subliminal programming are now being used for Gray propaganda. We have seen examples of this in television commercials and print media. Intense Gray propaganda is focused on Los Angeles and San Diego areas. Grays will be created as gods for the masses through fear, worship and corruption. Psychological material has been created for this. It is imperative that we seek within ourselves for spiritual sustenance and guidance or else we will lose control!" he insisted.

After a few months, Panda asked to speak with me, if I felt inclined to do so. I had become a bit more courageous and agreed. Unfortunately, Panda's phone call came at a very untimely moment for me. That particular night, I had suffered from insomnia and for the first time, had taken a sleeping pill. Since I waited until the wee hours of the morning to do so, it unfortunately coincided with the time that Panda chose to call me. I was totally incoherent and cannot remember one thing we discussed. I am sure that he thought I was some sort of a moron. I do remember that I was very apologetic but I don't think that sufficed. At any rate, we have not heard from him since. That probably is for the best. In retrospect, I am suspicious about my taking that sleeping pill just before he called. Could I have been under mind control?

Panda, who seemed to be extremely paranoid and took all kinds of precautions about contact with us, might have been spied on and my connection with him was noted and followed up. Or Panda, himself, might have been connected with an intelligence group and through machinations got my attention to see how far I would go and what kind of a researcher I was. At any rate, there is a good chance, that our contact was more than meets the eye or pen.

Over five years later, in late 1994, I would meet a government agent who would validate much of what Panda had stated. This agent also verified personal information Panda had given about himself. Whether this information is true or not, the reader must decide. I, personally, hope it is one huge massive lie or disinformation campaign. Regardless, somehow and in some way, I had been chosen to be a conduit for this information to surface. In my search for the reasons, much adventure transpired and many miracles have evolved from it. As I experienced all of them, I shook my head in amazement. "Why, God, *me?*"

I don't know why the warden chose to ignore me and my attorney but I can imagine a few possible reasons for this entire situation. In retrospect, there might be more to this than meets the eye. I do not think that it is irrational or paranoid to examine some facts of this communication between Corey and me that bear some scrutiny.

Corey was very young and educationally unsophisticated to have the knowledge of UFO crash retrievals that he had. Where and for what reason did an inner city, street wise punk get these facts? How did he get the military file forms and know how to fill them out? How did he get the metal bracket for the folder? Who helped him send out letters to me from California, Nevada and Texas? He must have been very well connected with other criminals across the country. Why did he have a social security number with the first five numbers exactly the same as mine when we are 25 years apart in age? Why did the federal agents let him get away with his scam, without any criminal charges? Why did the FBI agent not allow Andy to see the computer screen with my name on it? Why did Corey want to send me a television set? Why did Charles Carter call me to infer something illegal? Why did the warden slough me off? There appeared to be a lot of questions and no real answers given to me.

My gut feeling is that this was not about Corey, this was about me! The synchronicity of Corey's and my social security numbers must have meant something. Perhaps we were both a part of some kind of government project. Maybe that was why Andy wasn't allowed to view the computer screen. There might have been some reference to it. Perhaps the federal agents' knowing Corey's expertise at scamming decided to use him to get to me, and made a deal with him. That is why they did not prosecute him. Maybe the television set Corey wanted to send me was not the average boob tube but was for other purposes like mind control! There was some kind of setup or evaluation of me planned. It had to be since there was too much weirdness involved. If Corey, the criminal, had asked me for money or tried to sweet talk me, my point of view would be different. Things would have been obvious. The Corey connundrum remains that, just an enigma.

These possibilities sounded paranoid, but in evaluation of this situation of high strangeness they became rational. The whole of the Corey connundrum appears sane when you compare it to my experiences to come with an FBI agent.

"COREY'S INTENTION IS TO HARASS AND INTERFERE IN PEOPLE'S LIVES. HIS INTEREST IS IN DISRUPTING YOU AND MAKING YOU UNSURE OF YOURSELF. HIS ULTIMATE AIM IS FOR YOU TO QUESTION EVERYTHING YOU BELIEVE. YOU MUST SECURE YOURSELF IN YOUR EXCYCLE IDENTITY AND BE AWARE OF YOUR ACTIONS. MOST IMPORTANTLY, WE CAN ONLY HOPE THAT YOU LISTEN TO YOUR INNER GUIDANCE. WE CAN SEND LIGHT TO YOU BUT BE CAREFUL, AS COREY THINKS THAT HE IS INDESTRUCTIBLE. HE BELIEVES THAT HIS MIND IS IN CONTROL, NOT YOURS. THROUGH THE MAIL, HE HAS GAINED ACCESS TO YOUR RECORDS, TRACES YOUR PHONE CALLS AND CHECKS THE CREDIT BUREAU. HE HAS THE RESOURCES TO FIND OUT ANYTHING ABOUT YOU. HE IS ASSISTED BY M.S., WHO IS VERY DANGEROUS AND FOLLOWS YOUR TRAVELS AND WILL TRY TO GET CLOSE. THEIR INTEREST IN YOU IS BEYOND THEIR ASSIGNMENT. WATCH WHAT YOU SAY TO STRANGERS. IT IS IMPORTANT THAT YOU START WRITING AND CHRONICLE YOUR EXPERIENCES."

- Zarg

surveillance has been ongoing and varied. I have witnesses who can substantiate my claims and an audio cassette library filled with phone call oddities of very high strangeness. Witnesses have seen me followed by a dark van with blacked out windows and antennas on the roof, heard strange phone calls with an assortment of beeps, tones and cryptic messages, seen mail from my attorney opened and resealed and forwarded from another state. Even my very straight and upstanding accountant stated I had an unorthodox audit of my tax return. He called it "highly unusual!" And most recently, I had a direct contact with an FBI Special Agent who had previously worked for Naval Intelligence and the CIA.

I did everything I could to make sure that I wasn't just imagining things and becoming part of the paranoia of ufology. I hired a private detective who unfortunately validated my conclusions and then became an object of surveillance himself. The worst part of this situation, for me or any citizen, is that no matter how much evidence you amass, all of the evidence is anecdotal! My private detective had an inside contact at the phone company who verified and saw the phone taps for himself. Phone taps require paperwork with official judicial orders and leave a paper trail. We were able to follow up on one but two others led nowhere. There were no paper trails or judicial orders. Just the taps, going who knows where! Currently, the state of the art in surveillance, including phone surveillance, doesn't even need the phone system to listen in on. There are other high tech ways of doing this. We all are vulnerable.

I have had to devise my own primitive method of surveilling the surveillers. With the use of answering machine, tape recording my phone calls and the caller ID service, I have at least been able to chronicle and log in strange phone calls. I have a lot of evidence but nowhere to present it, without looking like a nut! That is a big problem for us all.

At this point in time, I cannot say that I have ever been threatened but there has been a concerted effort to intimidate me. It is

interesting that many times there is no effort to be covert. "They" want me to know that they are watching and listening. It is a stupid and childish performance. It would be far simpler to just ask me the questions they are seeking answers to! It certainly would be a lot more cost efficient, fiscally. As a good citizen, I resent this waste of my tax dollars!

If all of the listening and watching relates to my interest in UFO research, this only serves to validate the field of inquiry for me. Something must be going on, otherwise they would just ignore me! That is the only positive value in this for me. I know I am not wasting my time!

Above all, the pervasive unmerited and unrestricted violations of the constitutional rights of privacy on innocent citizens is the first step in the breakdown of democracy. If it could happen to me, the "Watchers" could be looking at you, too! And I don't wish that on any good citizen.

## SPACE BASE PUERTO RICO "WHERE THE G-BOYS ARE"

Science fiction has become science fact in Puerto Rico. Whatever UFO phenomena the mind can conceive has been, and still is, taking place on that small island paradise surrounded by the Atlantic Ocean and the Caribbean Sea. Extraterrestrials, interdimensionals, spaceships that appear and disappear, abductions, encounters of the U.S. military with "alien craft," bases inside mountains, under the earth and under the ocean and lakes, hybrid children and adults, apparitions of the Virgin Mary and sun pulsations have all manifested in generations past and at this moment in Puerto Rico. Quite often, families have had these experiences generationally, as if they are being tracked like tagged animals. It has taken its toll on the population but it seems that these phenomenon have inured the locals and are now met with just a shoulder shrug of acceptance! Puerto Ricans will often admit, once they trust you, that they have had or seen most of the aforementioned scenarios or know someone who had. The basic nature of these islanders is kind and friendly. They are an amalgam of hispanic past and American present all wrapped in a very interesting package. I love the island and feel quite at home there. I feel grateful for the opportunity to have researched the unique nature of the experiences only Puerto Rico can offer in such abundance.

In 1991, a dozen of our local South Florida UFO research group travelled to Puerto Rico for a first hand look at what was going on. Fortunately, we had the company of excellent local researchers who shared their knowledge of past and current UFO and US military happenings and introduced us to abductees and witnesses. Language and culture were not barriers, since half of our troop were of Puerto Rican lineage. The trip was never boring. We had a lot to do, see and experience for ourselves.

Our first stop was the popular seaside town of La Parguera. Since most of us were on a budget, we stayed at what probably was the cheapest and crummiest motel in town. It was in a great location on

*It seemed that the island of  
Puerto Rico was Earth's 20th  
century space port and one of the  
best kept government secrets, and  
the US Navy was an integral  
part of keeping that secret.*

the main drag but the amenities were definitely spartan. The nicest thing about this place was the outdoor vine-covered patio area with lots of comfortable chairs. It was right in front of the check-in area and next to the hotel parking. We gathered there to wait for Juan Marron, the best known researcher on the island. He was coming from San Juan to introduce us to local abductees and witnesses. While we waited, we were having a great time chatting, listening to the music on the audio system and enjoying the sun.

Suddenly Elena, a Puerto Rican abductee and a member of our research group, told us to look at the car that had just parked nearby and the two men who were in it were now moving directly towards the motel check in area and us. She said that they were government agents. Both of the men were in their late 20's or early 30's. They were very clean cut, preppy looking guys. One looked Latino and the other Anglo. I asked her how she knew that they were agents. She said that on the back window of the car, there was a gray, waxy looking seal about three by four inches in size. The seal has an eagle impression on it. Elena didn't know which agency it was, but she had learned that agents' cars sported this decal so that the local police would not bother them and would let them go about their business. Elena said that she had seen this seal before on government agents' cars who had investigated her experiences and tried to harass her.

Elena was a very special person. She told us many incredible stories of her childhood when her mother, who also had extraterrestrial involvement, fed her mercury on a regular basis. She also told of a space craft that landed on the lawn at her home in Yonkers, New York. I found these anecdotes difficult to believe, as they were so outrageous. But, Elena was forever credible to me after her observation about the two young men we saw that day. This was a woman who knew what she was talking about. She proved to me her experienced insights were unimpeachable!

We observed the Anglo man going to the check in desk. Estella, another Puerto Rican with us, was standing at the counter looking at

post cards in a rotating rack. She was within inches of the hotel employee at the desk and the Anglo agent. Estella saw the agent show the desk clerk some identification and heard the agent tell the desk clerk, in Spanish, that he and his co-worker were at the hotel to protect a very important political figure who was staying there. The agent then asked the clerk to provide the names of all of the people who were registered at the hotel. When Estella heard that she ran over to where we were sitting and we could see that she had something to say to us covertly. She was quite agitated. At the same time, the Latino agent stood right near where we were all sitting.

We were discussing the name of a Spanish song that was playing on the sound system. The agent corrected what we thought was the name. We were astonished that he should be that bold. When both of the agents walked away from the hotel, we finally were able to discuss what had occurred. Estella told us what she had just heard at the check-in desk and we told her that we already knew they were agents, since Elena had pointed them out and showed us the seal on the car. Now the big question was were they there to check up on us? We could not imagine that any very important politician would ever stay at a motel where you couldn't flush the toilet and turn on the faucet at the same time! This place should have been called, "El Dumpo!" We did not have time to ponder the question any further, as Juan Marron and his friends arrived to pick us up. We got into the van and drove off to visit an abductee.

Mauro, the abductee, owned a shop catering to tourists. It was very tiny and had only limited air conditioning. We decided that half the group would hear his story while the other half waited outside. While we were waiting, we got some cold drinks and stood on the sidewalk talking about the day's agenda. As we were chatting, a car drove by slowly, with its two occupants looking directly at us as it cruised by. We recognized them as the Anglo and Latino men we saw at the motel. They made no attempt to hide their obvious interest in us. We decided to make a joke of it and waved at them. When we lost sight of them, another car stopped in front of us. It was the same

make and year as the young agents' car. It even had the same car dealer's tag from Miami that the agent's car had. This time a middle aged woman in glasses was driving. She turned towards us and asked, pronouncing each word distinctly, "Did you see where the agents went?" This was too unbelievable. What childish and stupid antics on the part of the government team! We looked at each other and laughed. In unison, we said, "Yeah, they went thataway!" and pointed in the direction the agents were heading. We were incredulous. If this was supposed to be "undercover," they had better go back to spy school! But, then again, it appeared they wanted us to know that they were around and aware of what we were up to. As far as I knew, we had not broken any laws, nor did we want to. To make matters even more ridiculous, the two male agents again drove by us slowly and turned to once again check us out. And once again, the female, probably another agent, drove up and asked the same question as to the agents' whereabouts.

We all decided what a waste of time and money this type of surveillance was and if it was meant to intimidate, it did just the opposite. We were well within our Constitutional rights of inquiry and free speech.

We never noticed those agents again. However, on a beachside night vigil at a well known UFO viewing spot near Cabo Rojo, we were told by a friendly local police officer that we had to be very careful and not walk down the dark road alone. He said there were people who knew what we were investigating. He went on to say that they did not like the fact that we were there, so we should be careful. The officer then went on to tell us of his own numerous UFO sightings during his rounds on this isolated road.

We all knew that the officer was not warning us about average Puerto Rican citizens. Most of these citizens were happy that finally all of the activity in the island was getting some attention from statesiders. They wanted the world to know what was going on in their little paradise.

Our group was also fascinated with an experience had by a police officer and his family during a visit to El Junque, the rainforest area in the northeastern part of the island. It is an incredibly verdant paradise which becomes more lush the higher up the mountains you go. El Junque has always held a special significance in the affections of the islanders as a magical place. The magic has given way to terror recently with hair-raising tales of resident aliens, UFOs and secret US government installations deep within the heart of the rainforest.

The police officer and his family took the proverbial wrong road in an attempt to get to the other side of the mountain. As they became aware that they were lost, they saw what looked like a guardhouse and thought they could get some directions there. Moving the car slowly towards the guardhouse, they were shocked at what they saw. Standing sentry-like in front of the guardhouse were two Robocop-looking beings. They had dark helmets with reflective visors and totally black jumpsuits. In their gloved hands, each "guard" had a wand held as if it was a weapon. It was a totally awesome and fearsome sight. Before they could utter a word, from behind the guardhouse came a truck that had "US Navy" on it. Two men in fatigue-like jumpsuits got out of the truck and ran over to the lost family's car, yelling at them as they were approaching. They said, "Get the hell out of here! If you stay here one more second you'll be in big trouble. Turn around and get out now!"

In maximum anger and fear, the policeman turned his car around and found his way back down to the road, too terrified even to look back to see if he was being followed. When they finally were able to stop the car and evaluate what they had been through, they all felt that something, possibly even death, would have happened to them at the hands of the "things" in the helmets. By the way the Navy guys were acting, it seemed apparent that something not normal was going on, on the mountain.

Our research group decided to take our own tour of El Junque. We wandered up the main roads filled with tourists and then decided to



look for less travelled side roads, in hopes of seeing something as paranormal as the many experiences we had heard about. We found a road that had a locked gate at the end of it and a sign that said "US GOVERNMENT - KEEP OUT - RESTRICTED AREA." As we were standing there trying to decide if we were going to be stupid and sneak in, a Ford Mustang approached. It had Massachusetts license plates on it and a woman at the steering wheel. "Can I help you?" she said.

Playing dumb, I replied, "We thought we had hiked this road before and were wondering why it is closed now?"

"No, this is a federal installation here, you'd better hike elsewhere." Brazenly, I continued to probe. "Oh, do you work here, I see that you are from Massachusetts?"

"Yes, I do, I am a biologist for the US Navy."

Another member of the group, equally brazen said, "I have heard some strange things are going on around here, have you seen anything?"

Without hesitation, she replied, "I have worked here for three years and I have never seen anything. It is just a bunch of local folklore. Well, I better go and you guys better stay on the normal hiking paths." She then got out of her car, opened up the gate and said goodbye.

We all thought that was a very worthwhile fishing expedition, and we didn't even bait the hook! We confirmed for ourselves that the US Navy does have sites deep within the rainforests. What could their purposes be? Why would the Navy find its way so far from the water? There were other naval facilities like Roosevelt Roads and Vieques on the islands. What brought them here? We didn't even have to mention anything about little gray men or flying saucers, the biologist knew just what we were talking about. "Local folklore," she said.

"Bah, humbug!" we thought.

Why a Navy biologist in the rainforest? It seemed that the island of Puerto Rico was Earth's 20th century space port and one of the best kept government secrets, and the US Navy was an integral part of keeping that secret. With all of the local action going on, it looked like even Robocops and their magic wands wouldn't be able to keep the truth from concerned citizens. Arnold Schwarzenegger, be warned, you've got some heavy duty competition out there!

he had changed his appearance, Roger fit the description better.

Thus Roger had reaped the wrath of the watchers. Before Jordan left for Atlanta, he had asked if I would meet him up there, since he had his own room. Of course, I declined. Perhaps, if I had gone, something would have happened to me for which I was not prepared!

Synchronistically on the day of Jordan's return from Atlanta, I had very strange tones left on my answering machine. It was a combination of high frequency pitches, screeches, tones, beeps and a super-high speed voice underneath it all, a real mixed bag of sounds. This was the second time that had happened. The first time, I answered the phone and heard it in person, and it happened one more time subsequently. I came home in the late afternoon, checked my caller ID and played the answering machine. It was shocking to hear those unsettling tones again. I was wishing that Jordan was back to hear it, but I didn't know when he was going to return.

As soon as I had that thought, the phone rang. It was Jordan calling from the Miami airport. I told him that I was so glad to hear from him and was just thinking about him because I wanted him to hear these strange sounds on my answering machine. I asked him why he thought to call me now? Jordan's response surprised me. He said that he had just arrived and was walking towards the baggage carousel, when he turned on his beeper and it went off with my number on it! I told him that I had *not* beeped him and that I, myself, had just come home. I had no idea when he would arrive. He agreed, since he, himself hadn't planned on being back so soon, but had taken an earlier flight. This situation certainly offered a clear example of how the watchers were on the job trying to confuse, confound, perplex and intimidate. In my gut, I knew that even weirder stuff was en route.

After Jordan's FBI training days in Atlanta, everything accelerated into a fevered pitch. His ardor towards me was constant. Phone calls, day and night, filled with expressions of his love and concern

for me, always wanting to know if I was all right. Perhaps, he was just fishing to see how I was responding to all of the stimuli heaped in my direction.

Most potently insidious was his revelation to me about the man who got his wife pregnant. He informed me that Homestead Air Force Base, which is south of Miami and was devastated by Hurricane Andrew a few years ago, was now home to a state of the art technical facility of the Air Force Office of Special Investigation. The AFOSI is the intelligence arm of the Air Force. Jordan stated that the focus of this facility was to gather information on UFOs and underwater anomalous activity most likely connected with UFOs. Jordan said that the man who impregnated his wife was an AFOSI officer stationed at Homestead Air Force Base, who was also married and had a child. I asked where she had met this guy. This is when the information turned beyond the pale of high strangeness.

Jordan said that he and his wife Joanne, had been invited to a party given by his immediate boss, Mike, for FBI Special Agents and their wives. This AFOSI officer appeared without his wife and in full dress uniform. He was the only non FBI person there. It was at that party that a romantic connection was made between Joanne and the AFOSI guy. Jordan said that it lasted at least one school term because Joanne was going to a night school class but received an incomplete grade at the end of the term, even though she supposedly attended each week! I asked who invited the AFOSI man to the party. Jordan said he asked his boss and his boss said he didn't know. The fellow just sort of appeared there. This was too unbelievable. The party was held far away from the base in another county.

Jordan then supposed that perhaps this was not just happenstance, that this was an orchestration by the powers that be, to get him to leave his wife and be with me! He said that all of the time he was away in the Navy, his wife never cheated on him. So, why now? I asked what happened after Joanne revealed the true father of her child. Jordan said that he was enraged and told her he was going to

BEEN INCAPABLE OF BECOMING PREGNANT AND THAT I WAS, THEREFORE A "SURPRISE." FURTHER.MORE, AFTER MY BIRTH, MEDICAL EXAMINATION REVEALED THAT MY MOTHER SHOULD NEVER HAVE BEEN ABLE TO CONCEIVE ME. I DO KNOW THAT MY PARENTS WERE NEVER ABLE TO CONCEIVE AGAIN, DESPITE EFFORTS TO DO SO. MY SOURCE ADVISED ME THAT A DONOR EGG WAS OBTAINED FROM ANOTHER WOMAN AND HER GENETIC MATERIAL ERASED FROM THE EGG, MY MOTHER'S GENETIC MATERIAL WAS THEN SUBSTITUTED AND THE EGG FERTILIZED BY MY FATHER'S SPERM. I MUST THEREFORE CONCLUDE THAT AT LEAST MY MOTHER WAS ALSO AN ABDUCTER.

WHY OR EVEN IF MY BIRTH WAS OF PARTICULAR INTEREST TO THE ALIENS IS UNKNOWN TO ME. HOWEVER, I HAVE REASONS TO BELIEVE THAT I WAS CONDITIONED TO SEEK EMPLOYMENT WITH THE UNITED STATES GOVERNMENT.

VERY RECENTLY I WAS DELIBERATELY AND RATHER ARTFULLY PLACED IN CONTACT WITH THE WOMAN WHOSE EGG WAS USED TO CONCEIVE ME. I UNDERSTAND THAT THIS WAS AN ALIEN EFFORT TO DETERMINE THE INFLUENCE OF NON-TANGIBLE (ENERGY FIELDS?) FACTORS IN HUMAN EMOTIONAL INTERACTION. WHEN THE RESULT WAS, IF THIS IS THE RIGHT TERM, INCESTUOUS, CERTAIN GOVERNMENT AGENTS ATTEMPTED TO CONTRADICT THE EBE EFFORTS TO FURTHER THE RELATIONSHIP. I AM DEEPLY GRATEFUL FOR THEIR EFFORTS AS I AM CONVINCED THAT THE ONLY THING WE MAY HAVE LEFT TO SAVE AS A RACE IS OUR HUMAN DIGNITY. THESE AGENTS BELONG TO AN AGENCY KNOWN AS THE DEPARTMENT OF THE NAVY.

THE DEPARTMENT OF THE NAVY (DON) IS A RELATIVELY SMALL CLANDESTINE AGENCY WITHIN THE UNITED STATES GOVERNMENT WHICH IS STAFFED PRIMARILY

BY INDIVIDUALS OSTENSIBLY RECRUITED AND TRAINED BY OTHER ELEMENTS OF THE FEDERAL GOVERNMENT. IT IS FUNDED AND SUPPORTED BY THE NATIONAL SECURITY AGENCY AND IS ALSO AUGMENTED BY VERY TIGHTLY COMPARTMENTALIZED ELEMENTS OF THE ARMED FORCES (I BELIEVE THAT BLUE LIGHT IS THE ORIGINAL CODE NAME FOR THE U.S. ARMY'S EBE-RELATED UNIT, WHICH WAS ALLEGEDLY CONVERTED INTO THE NOW FAMOUS COUNTER-TERRORIST DELTA FORCE) AND OTHER GOVERNMENTAL ORGANIZATIONS. (APPROXIMATELY ONE THIRD OF HEADQUARTERS DIVISION FIVE OF THE FBI IS ACTUALLY A FRONT FOR THE DON, WITH AT LEAST SEVERAL DOZEN HQ SPECIAL AGENTS DEVOTED TO THESE MATTERS.)

DESPITE ITS NAME, THE DEPARTMENT OF THE NAVY HAS VERY LITTLE TO DO WITH THE ACTUAL UNITED STATES NAVY. ITS EXISTENCE IS KNOWN ONLY BY AN EXTREMELY LIMITED NUMBER OF INDIVIDUALS AND ITS ACTUAL MISSION IS KNOWN BY AN EVEN SMALLER NUMBER. THE DEPARTMENT OF THE NAVY'S PURPOSE IS TO DIRECT EXTRAORDINARILY UNIQUE ACTIVITIES IN RELATION TO EXTRATERRESTRIAL BIOLOGICAL ENTITIES (EBEs) AND ALIEN TECHNOLOGIES WITH THE PRIMARY MISSIONS OF COMBATTING ALIEN OPERATIONS WHICH ARE HOSTILE TO THE NATIONAL SECURITY OF THE UNITED STATES, GATHERING AND EXPLOITING ALIEN TECHNOLOGIES, AND THE CONTAINMENT OF PREMATURE DISCLOSURE OF INFORMATION REGARDING THE PRESENCE AND INTENTIONS OF EBEs.

IRONICALLY, WHILE NASA SUPPOSEDLY SUSPECTS OR KNOWS THAT THERE ARE ALIEN ARTIFACTS ON THE MOON AND IS SUPPRESSING DATA ON THIS SUBJECT (THIS WAS ONLY MENTIONED TO ME AS AN ASIDE), NASA HAS NO OFFICIAL ROLE IN DEALING WITH EBEs. THIS IS NOT TO SAY, HOWEVER, THAT NASA, LIKE THE

REST OF THE OVERT GOVERNMENT) IS NOT PENETRATED BY SOME DON PERSONNEL. FURTHERMORE, THE DON HAS HAD SOME INTERACTION WITH NASA PERSONNEL WHO ACCIDENTALLY BECAME AWARE OF TOO MUCH. I WAS ALSO TOLD THAT AN OVERT NASA EFFORT TO DETECT NON-HUMAN CIVILIZATIONS WAS DOOMED TO FAILURE, BUT I WAS NOT TOLD WHY.

i THE MOST CLASSIFIED ASPECT OF THE DON'S ACTIVITIES IS THAT IT OPERATES IN CONCERT WITH EBEs OF A PARTICULAR SPECIES COMMONLY IDENTIFIED AS "GREYS." GREYS ARE SURPRISINGLY ANATOMICALLY AND GENETICALLY SIMILAR TO HUMANS. HOWEVER, THE GREYS ARE DIVIDED INTO QUASI-SENTIENT ASEXUAL "WORKERS" WHO ARE, ON AVERAGE, FOUR FEET TALL, AND DOMINANT — BREEDERS- WHO HAVE LARGER EYES AND ARE, ON AVERAGE, ALMOST SIX FEET TALL. BOTH TYPES OF GREYS HAVE FOUR FINGERS ON EACH HAND. THIS ALLIANCE EMERGED FROM THE SUCCESSFUL RECOVERY OF SEVERAL APPARENTLY CRASHED GREY CRAFT AND THE SUBSEQUENT ESTABLISHMENT OF RELATIONS WITH THIS SPECIES. THIS RELATIONSHIP IS, FOR THE TIME BEING, CLANDESTINE BY THE CHOICE OF BOTH PARTIES AND INVOLVS A VERY LIMITED AND GRADUAL SHARING OF INFORMETION AND TECHNOLOGY BY THE GREYS. SEVERAL UNDERGROUND AND UNDERWATER (AT LEAST ONE UNDERWATER FACILITY IS OFF THE FLORIDA COAST AND HAS A TERRESTRIAL ACCESS POINT IN SOUTH MIAMI I AND MY UNSEEN COHORTS HAVE ALREADY PROVIDED THE ADDRESS TO SEVERAL INDIVIDUALS) FACILITIES HAVE BEEN ESTABLISHED TO SUPPORT THESE ACTIVITIES AND TO PROVIDE A SUITABLE HABITAT FOR THE EBES INVOLVD. PARENTHETICALLY, THE MULTIPLE PROTECTIVE SHELTER (MPS) ICBM BASING SCHEME PROPOSED IN THE EARLY 1980s WAS ACTUALLY A COVER FOR THE CONSTRUCTION OF 4,600

EBE RELATED BUNKERS; THIS SCHEME WAS POLITICALLY UNTENABLE AND HAD TO BE ABANDONED, BUT WOULD HAVE ALLOWED FOR A TREMENDOUS EXPANSION OF ALIEN ACTIVITY IN THE UNITED STATES.

THERE IS PRESENTLY AN ON-GOING COMPETITION FOR INFLUENCE, IF NOT OUTRIGHT DOMINION, OVER THE EARTH AND ITS LIFE FORMS BETWEEN THE GREYS AND ANOTHER SPECIES COMMONLY IDENTIFIED AS "REPTILIANS" OR "LIZARDS." IT IS SUPPOSEDLY KNOWN THAT THIS SPECIES OMINOUSLY REFERS TO ITSELF AS "EARTHLINGS." I WAS SHOWN EXTREMELY CLEAR PHOTOGRAPHS OF EXAMPLES OF THIS SPECIES. REPTILIANS APPEARED HUMAN SIZED, HAD THREE TOES ON EACH FOOT, AND HAD NOTABLY LARGE MOUTHS WITH PROMINENT TEETH. THIS COMPETITION HAS RESULTED IN THE DESTRUCTION OF SEVERAL CRAFT BOTH WITHIN AND WITHOUT THE EARTH'S ATMOSPHERE AND HAS PROMPTED THE DEVELOPMENT OF CERTAIN ASPECTS OF THE UNITED STATES' STRATEGIC NUCLEAR FORCES AS WELL AS THE STRATEGIC DEFENSE INITIATIVE (SDI).

THE DON CONDUCTS EXTENSIVE SURVEILLANCE AND MONITORING OF INDIVIDUALS WHO ARE UNKNOWINGLY PART OF AN ON-GOING PROGRAM OF MANIPULATION OF THE HUMAN GENE POOL BY COMPETING NON-HUMAN ALLIANCES. THIS MANIPULATION WAS INITIALLY UNDERTAKEN BY THE REPTILIAN SPECIES, APPARENTLY TO DIRECT CERTAIN HUMAN TRAITS IN WAYS FAVORABLE TO THIS SPECIES. IN ADDITION REPTILIAN EFFORTS HAVE APPARENTLY FOCUSED ON THE UNITED STATES AND, TO A LESSER EXTENT, ITS ALLIES DUE TO THE UNITED STATES, LEADING ECONOMIC AN MILITARY ROLE WORLDWIDE. STUDY HAS DETERMINED THAT THE REPTILIA EFFORTS IN THIS AREA AMOUNT TO LONG-TERM GENETIC SABOTAGE. THE REPTILIANS HAVE

ALSO BEEN RESPONSIBLE FOR LIVESTOCK MUTILATIONS AND SOME HUMAN ABDUCTIONS FOR OTHER NEGATIVE PURPOSES. STRANGELY, THERE IS SOME HISTORICAL CONNECTION BETWEEN THE REPTILIANS AND THE DEVELOPMENT OF NUCLEAR ENERGY, BUT THIS WAS ONLY HINTED AT BY MY SOURCES.

HOWEVER, THE GREY ABDUCTIONS OF HUMAN SUBJECTS HAVE BEEN AIMED PRIMARILY AT THE CREATION OF A PARTICULARLY HARDY ELITE HYBRID SPECIES WHICH WOULD BE INITIALLY CAPABLE OF FORMING THE LEADING ELEMENTS OF GREY SOCIETY (AS WELL AS SERVING A SIMILAR ROLE IN HUMAN SOCIETY) THE HYBRIDS WOULD ALSO BE ABLE TO SURVIVE DESTRUCTIVE ECOLOGICAL CHANGES THAT THE GREYS BELIEVE WILL TAKE PLACE ON EARTH IN THE NEAR FUTURE. THE HYBRIDS I SAW HAD THE APPEARANCE OF HUMAN CHILDREN WITH UNUSUALLY LARGE HEADS AND EYES AS WELL AS FINE, SPARSE HAIR. EARLIER, AND UNSATISFACTORY, EFFORTS SUPPOSEDLY RESULTED IN A MORE FETUS-LIKE APPEARANCE ON THE PART OF THESE HYBRIDS. ALL HYBRIDS THUS FAR PRODUCED ARE STERILE AND UNABLE TO REPRODUCE. HOWEVER, ALL HYBRIDS HAVE WELL-DEVELOPED DIGESTIVE SYSTEMS.

THE IMPLANTATION OF BIO-ELECTRONIC (?) DEVICES IN PROXIMITY THE CENTRAL NERVOUS SYSTEMS OF ABDUCTEES HAS BEEN UTILIZED BY THE GREYS FOR SEVERAL COMPLEMENTARY PURPOSES, BUT THE MOST IMPORTANT REASON IS IN ORDER TO HAVE A MORE RELIABLE MEANS OF MIND CONTROL AT A DISTANCE. SUCH CONTROL IS NECESSARY IN ORDER TO FACILITATE FOLLOW-UP ABDUCTIONS AND IN ORDER TO PREVENT MALE SUBJECTS FROM HAVING VOLUNTARY STERILIZATIONS.

THE DON HAS TAKEN A VERY ACTIVE, AND LARGELY SUCCESSFUL, ROLE IN COUNTERING REPTILIAN GENETIC SABOTAGE. HOWEVER, IT IS TASKED WITH TAKING NO ROLE OTHER THAN OBSERVATION OF GREY ABDUCTIONS, TO THE EXTENT PERMITTED BY THIS GROUP. THIS FACT RESULTS IN MORALE AND CONTROL PROBLEMS WITHIN THIS ORGANIZATION. (THESE MORALE PROBLEMS HAVE BENEFITTED ME ON MORE THAN ONE OCCASION AND I STRONGLY BELIEVE THAT GOVERNMENTAL COLLUSION IN THESE ACTIVITIES IS UNCONSTITUTIONAL.) THE GREYS, LIKE THE REPTILIANS, ROUTINELY ATTEMPT TO ERASE THE ABDUCTION RELATED MEMORIES OF THOSE THEY ABDUCT.

ONE OF THE MOST EXOTIC ELEMENTS OF GREY TECHNOLOGY EXPLOITED BY THE DON INVOLVE THE DELIBERATE REGULATION OF HUMAN BRAIN ACTIVITY INCLUDING TELEPATHIC COMMUNICATION, AND PROPULSIVE TECHNOLOGIES WHICH INCLUDE TEMPORAL AND, FOR LACK OF A BETTER TERM, "TRANS-DIMENSIONAL" FACETS. GREY BIOTECHNOLOGIES ARE, PARADOXICALLY, FUNDAMENTALLY PRIMITIVE, BUT HAVE SOME EXTREMELY ADVANCED FACETS. PARTICULARLY SIGNIFICANT IS AN ABILITY TO MANUFACTURE SYNTHETIC BIOLOGICAL-MECHANICAL (?) ENTITIES. I WONDER IF THE SO-CALLED "MEN IN BLACK," IF THEY EXIST, ARE EXAMPLES OF THESE SORTS OF BEINGS.

THE CONDITIONING OF HUMAN BRAIN (TEMPORAL LOBE) ACTIVITY THROUGH ELECTROMAGNETIC AND ADVANCED MEDICAL TECHNIQUES IS USED BY THE DON IN TWO PRIMARY WAYS. THE MOST OBVIOUS IS IN THE ELIMINATION OF UNDESIRABLE MEMORIES FROM THE MINDS OF ACCIDENTAL WITNESSES TO GREY ABDUCTIONS; IN THIS CASE SOMEWHAT LESS RELIABLE ELECTROMAGNETIC MEANS MUST

MMP  
NORMALLY UTILIZED BE UTILIZED. THE SECOND, BUT ACTUALLY MORE IMPORTANT USE FOR THIS FORM OF ADVANCED MIND CONTROL IS IN THE ELIMINATION OF UNDESIRABLE MEMORIES IN THE MINDS OF DON PERSONNEL AND OTHER KNOWING PARTICIPANTS IN GOVERNMENTAL ACTIVITIES RELATING TO EBEs. THIS LATTER FORM OF HYPNOSIS IS NORMALLY DONE THROUGH MORE RELIABLE MEDICAL OR CHEMICAL MEANS AND IS UTILIZED FOR TWO REASONS. THE FIRST REASON IS ACTUALLY IN THE INTERESTS OF THE MENTAL HEALTH OF CERTAIN INDIVIDUALS UNABLE TO SUCCESSFULLY COPE WITH THE UNIQUE PSYCHIC ENVIRONMENT SURROUNDING EBE ACTIVITIES. THE SECOND REASON TO UTILIZE VOLUNTARY MIND CONTROL ON GOVERNMENT PERSONNEL IS TO DELETE INFORMATION FROM THE MINDS OF THESE INDIVIDUALS WHICH COULD BE EXPLOITED BY EITHER TERRESTRIAL OR EXTRATERRESTRIAL FORCES.

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DON FIELD AGENTS ARE THEREFORE OFTEN REFERRED TO AS "ZOMBIES" AND THEIR UNITS KNOWN AS "ZOMBIE SQUADS." VOLUNTARY ERASURES ARE FAR MORE RELIABLE THAN THOSE IMPOSED UPON THE SUBJECT, ESPECIALLY IF THEY HAVE A SURGICAL COMPONENT. HOWEVER, NEITHER TECHNIQUE IS ABSOLUTELY RELIABLE AND, THEREFORE, ALL "ERASURES" ALSO INCLUDE ELEMENTS OF DISINFORMATION IMPLANTED IN THE MIND OF THE TARGET, WHICH WOULD TEND TO RENDER ANY RECALLED ACCOUNTS CONTRADICTORY OR OTHERWISE UNRELIABLE ZOMBIES ARE ALSO PROGRAMMED AGAINST ALLOWING THEMSELVES TO BE HYPNOTICALLY REGRESSED OR OTHERWISE MEDICALLY EXAMINED BY UNAUTHORIZED PERSONNEL. (THIS IS PARTICULARLY IMPORTANT AS MOST OF THESE AGENTS HAVE IMPLANTS PLACED IN THEIR BODIES BY THE GREYS TO SUPPOSEDLY MONITOR DON COMPLIANCE WITH MUTUAL

AGREEMENTS.) MORALE AMONG DON AGENTS IS PARTICULARLY IMPAIRED BY THE OBVIOUS DETERIORATION OF MENTAL AND EMOTIONAL FUNCTION, AMONG THESE INDIVIDUALS AS A RESULT OF THESE PSYCHIC INTERVENTIONS.

THE DEPARTMENT OF DEFENSE HAS BEEN A PRIMARY BENEFICIARY OF ALIEN DERIVED TECHNOLOGIES, WHICH HAVE BEEN DISSEMINATED IN A LARGELY COVERT MANNER. IN OTHER WORDS, EVEN THE MILITARY ENGINEERING UNITS AND DEFENSE CONTRACTORS INVOLVD HAVE BEEN UNAWARE OF THE ACTUAL SOURCE OF KEY BREAKTHROUGH TECHNOLOGIES SUPPLIED TO THEM. ALTHOUGH SOME ALIEN TECHNOLOGIES HAVE BEEN ADOPTED (SPECIFICALLY IN THE HYPERSONIC "      " STEALTH AND "      " RECONNAISSANCE PROGRAMS) AND SOME ANTI-GRAVITY DRIVE EXTRATERRESTRIAL CRAFT ARE NOW BEING ACTUALLY DUPLICATED (I WAS SHOWN ONE HOVERING ALMOST SILENTLY IN A HANGAR AT A SUB-SITE OF THE NELLIS AIR FORCE BASE AND CAN STATE THAT RUMORS REGARDING SUCH CRAFT WERE ACCURATE), THE MOST SIGNIFICANT ALIEN TECHNOLOGIES BEING ACQUIRED ARE SUPPOSEDLY IN THE FIELD OF COMPUTING. THESE TECHNOLOGIES HAVE PROVIDED THE UNITED STATES WITH A SECRET, AND THEREFORE LARGELY THEORETICAL, TECHNOLOGICAL SUPERIORITY OVER ALL OTHER NATIONS. I WILL ALSO MENTION THAT I WAS FLOWN ABOARD A HELICOPTER OF A DESIGN I HAD NEVER BEFORE SEEN WHICH WAS NOT ONLY UNBELIEVABLY QUIET, BUT COULD ALSO "CLOAK" ITSELF FROM BEING SEEN BY THE NAKED EYE DURING THE HOURS OF DARKNESS USING A SYSTEM WHICH WAS REFERRED TO AS "      "

THERE IS ALSO AN ONGOING PROGRAM OF GRADUAL SOCIETAL CONDITIONING TO ACCEPT THE EXISTENCE AND INFLUENCE OF EBEs IN EARTH'S HISTORY. THIS IS

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BEING UNDERTAKEN BY THE DON ON A WORLDWIDE BASIS IN ORDER TO PREVENT CULTURAL DISINTEGRATION IN THE EVENT OF AN UNCONTROLLABLE CATASTROPHIC LEAK OF INTELLIGENCE REGARDING THE ALIENS AND ALSO IN ORDER TO ALLOW FOR A MORE ORDERLY EVENTUAL UNVEILING OF THE TRUTH TO THE GENERAL PUBLIC. THE GREYS HAVE THEMSELVES PROMULGATED A DESIRE TO OVERTLY REVEAL THEMSELVES TO HUMAN SOCIETY BY THE TURN OF THE CENTURY.

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ACCORDINGLY, THE DON CURRENTLY HAS PLANS TO EVENTUALLY STAGE A FIRST CONTACT EVENT SIMILAR TO THAT DEPICTED BY THE FILM CLOSE ENCOUNTERS OF THE THIRD KIND SO AS TO PREVENT ANY IMMEDIATE DISCLOSURE OF THE FACT THAT FIRST CONTACT ACTUALLY TOOK PLACE FIFTY YEARS AGO. THIS IS ONLY PART OF A CLASSICAL PSYCHOLOGICAL WARFARE PROGRAM DIRECTED AT THE AMERICAN PEOPLE BY THEIR OWN GOVERNMENT WITHOUT APPROPRIATE AUTHORITY. THERE IS ALSO A DON EFFORT IN PROGRESS TO FULLY IDENTIFY OTHER ALIEN ENTITIES WHICH HAVE HAD AN IMPACT ON THIS PLANET. SPECIFICALLY, THERE IS AN EBE SPECIES KNOWN AS THAT OF THE "BIRDMEN" WHICH IS BELIEVED TO BE SOMEHOW REPTILIAN RELATED. THERE IS ALSO AN ALIEN SPECIES WHICH HAS BEEN COLLOQUIALLY IDENTIFIED AS THE "BABIES" FOR THEIR SOMEWHAT NEONATAL APPEARANCE. (THESE MIGHT BE SOME SORT OF HYBRIDS AS WELL.)

THE INTERSPECIES RIVALRY CURRENTLY IN PROGRESS INVOLVS ELEMENTS OF WHAT CAN ONLY BE TERMED ESPIONAGE. IN OTHER WORDS BOTH SIDES HAVE UTILIZED TACTICS AND STRATEGIES USUALLY ASSOCIATED WITH COVERT INTELLIGENCE AGENCIES. THE MOST STRIKING TACTIC EMPLOYED BY THE REPTILIANS IS THAT OF THE "FALSE FLAG" WHICH INVOLVS THE PORTRAYAL OF HOSTILE REPTILIAN

ACTIONS AS BEING THOSE OF MORE BENIGN SPECIES. THIS PARTICULAR TECHNIQUE HAS BEEN FOCUSED ON THE UNITED STATES GOVERNMENT ON SEVERAL OCCASIONS AND, IN ONE INSTANCE THAT WAS RECOUNTED TO ME, RESULTED IN THE KILLING OF NUMEROUS GREYS BY UNITED STATES MILITARY FORCES. THE DISSEMINATION OF DISINFORMATION IS ALSO A FAVORED TECHNIQUE. THE UTILIZATION OF MIND CONTROL TECHNIQUES BY BOTH SIDES MAKES THIS PARTICULAR ESPIONAGE GAME A DIFFICULT ONE TO COMPREHEND OR MASTER.

THE ABOVE IS EVERYTHING I CAN RECALL GIVEN THE FACT THAT I DID NOT KEEP WRITTEN NOTES FOR REASONS OF SECURITY. I FREELY ADMIT I KNOW THAT MUCH OF THIS DATA IS OF A CLASSIFIED NATURE. NEVERTHELESS, I CANNOT DETERMINE HOW MUCH OF THE ABOVE WAS FED TO ME AS DISINFORMATION OR TO WHAT DEGREE I AM THE VICTIM OF MIND CONTROL. HOWEVER, I STRONGLY BELIEVE THAT I HAVE BEEN SOMEWHAT SUCCESSFUL AT MY INVESTIGATION AND THAT MUCH OF THE ABOVE DATA IS RELIABLE. FURTHERMORE, I CANNOT EVEN GUESS IF THIS INFORMATION EVEN IF COMPLETELY ACCURATE, IS BEING DELIBERATELY LEAKED THROUGH ME OR IF IT IS ACTUALLY SOMETHING THE SHADOW GOVERNMENT WANTS SUPPRESSED. IN ANY CASE, IT IS MY CONCLUSION THAT MY SAFETY—AND THAT OF THOSE I CARE FOR—IS BEST PRESERVED BY THE...IMMEDIATE DISSEMINATION OF THIS INFORMATION. IN ANY CASE, THIS INFORMATION IS LARGELY UNVERIFIABLE AND CAN ALWAYS BE SUBJECT TO OFFICIAL PLAUSIBLE DENIAL. AS OF THIS POINT I WILL ONLY UNWILLINGLY HAVE ANYTHING TO DO WITH THE SUBJECT OF EXTRATERRESTRIALS OR WITH ANYONE ASSOCIATED WITH THIS FIELD.

AS THEY SAY, THE TRUTH IS OUT THERE, BUT CAN WE RECOGNIZE IT WHEN WE SEE IT? \*

YOU DID NOT LISTEN! SEARCH YOUR HEARTS FOR THE TRUTH IN THE MATTER. EACH INDIVIDUAL HAS THE POWER. THE TRUTH IS WITHIN. NOT ONLY YOUR GROUP, BUT ALL OF THE EXCYLES ALL OVER THE WORLD MUST BELIEVE THAT THE ANSWER LIES WITHIN YOU, EACH ONE! BELIEVE IN YOURSELF AND THE POWER WILL PREVAIL. DO NOT ALLOW YOURSELVES TO BE DISTRACTED. THE MASTER WILL KNOW.

MASTER YOUR FATE! DECIDE YOUR OWN DESTINY! YOU ALL WAVERED! LEADERS DID NOT LEAD AND TEACHERS DID NOT TEACH! THE LIGHT IS WITHIN AND YOU MUST TRUST IN IT! IT IS NEVER TOO LATE. SEARCH OUT WITHIN YOUR HEART AND DISCOVER WHERE YOU FAILED. LET THIS MESSAGE BE REPEATED AGAIN AND AGAIN. YOU MUST TRUST THE LIGHT AND LIVE THIS LIFE IN IT."

- Zarg

**ON THE HUBBELL TELESCOPE: (1995)**

"THE PROBLEMS WITH THE HUBBELL WAS OUR TOUCH. THE NEW TELESCOPE WAS DAMAGED BY THE COMMITTEE, WHICH IS HIGHER THAN EXCELTA, BUT PART OF THE COMMITTEE IS EXCELTA. THE COMMITTEE IS NOT AN INTERGALACTIC COMMAND, IT IS A HIGHER LEVEL OF AUTHORITY. WE CHANGED THE TELESCOPE BY PUTTING THE LENS IN BACKWARDS BECAUSE THERE IS CERTAIN EVIDENCE WE DIDN'T WANT FOUND YET. THE TELESCOPE WAS COMING TOO CLOSE AND WOULD HAVE FOUND SOME INDICATIONS OF A HIGHER LIFE FORM. YOUR PLANET IS NOT READY YET. IT MUST CLEAN UP ITS ACT HOW CAN WE ACCEPT EARTHLINGS INTO THE HIGHER LIFE CYCLE WHEN THEY CANNOT GET AN UNDERSTANDING OF THE BEAUTY OF LIFE?"

- Zarg

## CHAPTER TWO

# THE EXCYLES THE EXCYLES?



AT THE EXCELTA LEVEL AND WAS VERY FAR AWAY FOR SHIPS OF THAT TIME. NOW IT IS DIFFERENT. MORE ARE AWARE AND CARE ABOUT EARTH BECAUSE OF THE DIFFICULTIES THERE. YOU HAVE A VERY STRANGE PLANET WITH MANY BAD PEOPLE. YOUR PLANET ATTRACTS MANY E.T.s, BECAUSE OF THE WIDE RANGE OF EMOTIONS AND EXPERIENCES THAT ARE NOT AVAILABLE ELSEWHERE. YOU ALSO MUST HELP EARTH WITH YOUR CONSCIOUSNESS. SHOULD YOU CHOOSE TO USE YOUR SPIRITUAL RESOURCES, EXCYLES ARE VERY POWERFUL, SPIRITUALLY."

"I am kind of confused here, this is starting to sound like Star Wars or Star Trek," I said. "Do you know those shows?"

"YES, THEY ARE FUNNY BUT NOT REALLY THE WAY IT IS. THEY SPEAK WITH THE BIG VOICE AND NOT THE SMALL VOICE. I SEE THEM THROUGH YOU. SO DO THE OTHER BROTHERS AND SISTERS HERE ON EXCELTA."

"What does that mean big voice?"

"MOST OTHERS NOT FROM EARTH SPEAK TELEPATHICALLY THROUGH THEIR MINDS, NOT VOICES."

I wanted to get down to some of the more mundane questions like what they looked like and where they lived in the universe.

"WE ARE NOT PHYSICAL BEINGS IN THE EARTH SENSE. WE ARE LIGHT BEINGS AND HAVE BODIES OF PURE ENERGY. AS NEEDED, AT A MOMENT OF IMPORTANCE WE HAVE THE ABILITY TO MANIFEST IN THE PHYSICAL, BUT IT IS NOT OUR FIRST CHOICE. IT TAKES TREMENDOUS POWERS AND ABILITIES TO DO THAT. WE CAN DO MOST ALL OF OUR WORK IN LIGHT BODIES."

"Are you like angels or spirit guides?"

"NO THEY ARE TOTALLY DIFFERENT PARTS OF GOD'S PLAN. THERE ARE HELP MATES AT EVERY LEVEL OF WHAT YOU CALL LIFE AND DEATH. ALL OF GOD'S CREATION IS LIKE A JIGSAW PUZZLE MOVING IN SPACE. EACH PART IS INTERRELATED AND INTEGRAL. IF ONE PIECE IS MISSING YOU DON'T HAVE THE TOTAL PICTURE. THERE ARE HELPERS AND GUIDANCE IN EACH PIECE OF THE PUZZLE; SOME OF WHAT YOU THINK IS GUIDANCE OUTSIDE OF YOURSELF IS JUST YOUR HIGHER SELF OUTPICTURING IN THE REALITY THAT YOU CREATED AS YOUR LIFE. REST EASY ABOUT THIS, SOON ALL WILL BE REVEALED AND YOU WILL HAVE A SHINING LIGHT OF UNDERSTANDING."

"You mentioned that his enemies thought that Troy, King Dugud was killed. If he was a light being, which I believe means you have eternal life, how could he be killed?"

"I WAS USING YOUR WAY OF SPEAKING. ENERGY IS NEVER LOST, IT CAN ONLY BE TRANSFORMED. I WAS DESCRIBING A COSMIC DEATH THAT DESTROYS MOLECULES AND WHERE ATOMS BURST PHYSICALLY. IN THIS CASE, HIGH FREQUENCY VIBRATORY WEAPONS WERE USED TO TRANSFORM FROM ONE LIGHT FREQUENCY TO ANOTHER. IT IS A DIFFICULT CONCEPT TO CONVEY AT YOUR LEVEL OF SCIENTIFIC LITERACY."

"But how is it that there is such negativity at your high level?"

"THERE IS WHAT YOU CALL YIN AND YANG IN ALL THINGS. ALL ENERGY MUST HAVE ITS POLAR OPPOSITES, IT IS WHY SATAN BECAME THE FALLEN ANGEL OF GOD. SATAN IS A CONCEPT OF THAT POLARITY."

"Where is Excelta, is it in our galaxy?"

"NO, EXCELTA IS AN INTERDIMENSIONAL PLACE AND A LEVEL OF CONSCIOUSNESS. IT EXISTS AT A REALM WELL BEYOND THE EXISTENCE OF THE PHYSICAL EARTH AND ITS CONSCIOUSNESS. IN ATTAINMENT OF CONSCIOUSNESS, THERE ARE 22 LEVELS OF DIMENSION THAT ARE DIVIDED INTO THREE PARTS, SEVEN, SEVEN AND EIGHT. EACH HAVE PLATEAUS WITHIN EACH DIMENSION. EXCELTA IS AT THE 22ND LEVEL, THE TOP OF THE LAST EIGHT."

"But, there still seems to be conflict and strife on Excelta? That doesn't seem to be elevated, consciousness-wise."

"WE HAVE SINCE MOVED TO A HIGHER REALM AS WILL EARTH AT YOUR NEXT MILLENNIUM. WHEN KING DUGUD WENT TO EARTH, EXCELTA WAS AT THE FOURTH LEVEL OF THE LAST EIGHTH. WE HAVE EVOLVED SINCE THEN. THAT IS WHY THOUSANDS ARE PREPARING THE WAY FOR THE EXCYLES AND THE RETURN OF KING DUGUD. WE CANNOT COMPLETELY MOVE ON UNTIL THAT TRANSPIRES. MIA MUST HELP PREPARE THE EXCYLES

"What happens once you reach the 22nd level?"

"THAT IS IT."

"Where is God?"

"OVER ALL THE LEVELS."

"Do you ever see God?"

"IN THE MIRROR, EVER PRESENT IN MAN AND LIGHT BEINGS."

"What is it like at the 22nd level?"

"IN A SENSE, IT IS LIKE HOW YOU WOULD FEEL IN UTOPIA."

"What, besides getting the Excyles back, do you do at that level?"

"WE ARE UNIVERSAL WATCHDOGS. WE SEE AND LISTEN FOR THE ADVANCEMENTS OF ALL COSMIC PLANETS, THAT IS WHY WE TRAVEL SO MUCH. WE NEVER INTERFERE IN THE PROCESSES OF EACH PLANET, WE JUST MONITOR THE PROGRESS AND DEVELOPMENT."

"Do you need a space ship to travel in if you are light beings?"

"YES, WE TRAVEL USING GROUP MIND AS OUR POWER SOURCE. FEMALE ENERGIES GUIDE US AND ARE MOST OFTEN THE PILOTS AND NAVIGATORS, AS THEY ARE GENERALLY MORE INTUITIVELY FOCUSED THAN MALES. WE DO HAVE A VEHICLE OF LIGHT THAT CAN BE TRANSFORMED TO A PHYSICAL CRAFT. ALL IS CREATED OUT OF THE POWER OF INTENTION. WE LEARN HOW TO DO IT TOGETHER. ON EARTH, YOU CALL IT A HIVE MENTALITY AND NEGATE THE PROCESS. WE DO NOT LOSE THE POWER OF OUR OWN INDIVIDUATION, WHEN WE BAND TOGETHER MENTALLY. IT IS DONE WITH THE FEELING OF BENEFICIALITY FOR THE WHOLE GROUP. LOVE THROUGH MIND PROVIDES THE DESIRED RESULT. IT IS A SIMPLE CONCEPT BUT DIFFICULT TO EMBODY. THAT IS THE SECRET AND THE GOAL OF THE GALACTIC MIND. IF ALL OF THE UNIVERSES AND THE MULTI-UNIVERSES WOULD USE THIS TECHNIQUE, EVERYONE WOULD BE AT THE 22ND LEVEL AND ALL LIFE WOULD BE UTOPIAN. UNFORTUNATELY THE

LOVE OF GREED, POWER AND SELF INTEREST SUPERCEDES THE LOVE OF GOD WITHIN ALL BEINGS AT THE LOWER LEVELS AND EVEN AT SOME OF THE HIGHER LEVELS. THE EARTH IS NOT THE ONLY PLACE IN THE UNIVERSE THAT IS HAVING TROUBLE WITH THIS CONCEPT. THAT IS WHY LIMITED GUIDANCE IS SOMETIMES PROVIDED, ALTHOUGH NOT BY US, TO HELP THINGS MOVE EXPEDITIOUSLY."

"How do the soul and the spirit participate in this evolvement?"

"THE SOUL LEVEL BECOMES THE STANDARDIZATION OF MAN'S DIVINE PRINCIPLE EXPERIENCES ARE RECORDED IN SPIRITUAL AWARENESS. THE GREATER THE AWARENESS, THE MORE THE SOUL EVOLVES."

"Are we able to move from one dimension to another after each lifetime?"

IN THE FIRST SEVEN LEVELS, CRUDE TRAVEL IS POSSIBLE AND INTERSPERSED. IN THE SECOND SEVEN, SOULS MOVE THROUGH CONSCIOUS CHOICE, AND IN THE LAST EIGHT, SPIRITUAL LIVES ARE IN TRUE BALANCE WITH THE SOUL AND THE LEVEL CHOSEN IS APPROPRIATE FOR SPIRITUAL ATTAINMENTS. THAT IS WHY KING DUGUD AND HIS HOUSEHOLD MOVED DOWN LEVELS ONLY OUT OF THE UTMOST NECESSITY. IT IS HIGHLY UNUSUAL."

"Where is humanity now?"

"MAN IS NEARING THE LAST THIRD OF THE FIRST SEVEN. WITHIN EACH SEVEN THERE ARE STAIR STEP LEVELS."

"What you have said is contrary to what I have read and been taught

here on Earth. Due to my egalitarian sensibilities, I have a hard time accepting that I am from the highest place, I don't feel that spiritual or like an avatar."

"IT IS LIKE LOOKING AT THE MOUNTAIN, INSIDE OF THE MOUNTAIN, EXPERIENCING THE MOUNTAIN, BEING AT ONE WITH THE POWER OF THE MOUNTAIN AND ULTIMATELY SEEING THROUGH THE MOUNTAIN. MAN IS NOW LOOKING AT THE MOUNTAIN. THE FIRST SEVEN GOES THROUGH ALL OF THESE STAGES. YOU ARE JUST A REFLECTION OF WHERE THE CONSCIOUSNESS OF YOUR PLANET IS. THAT IS WHY I HAVE CONTACTED YOU TO TELL YOU THAT YOU ARE MORE, MUCH MORE THAN THE FIRST SEVEN. YOUR TRUE HERITAGE, AS AN EXCYCLE AND YOUR EVOLVEMENT ON EARTH EXPRESSES WHO YOU REALLY ARE."

"Well, I wasn't raised to feel smug and superior, it isn't my way."

"THAT IS YOUR EARTH TRAINING, IT ISN'T YOUR COSMIC PARENTAGE. GET OVER IT. HUMILITY IS OVERRATED ON YOUR PLANET. IT IS A WAY HUMANS CREATED TO KEEP THE MASSES ENSLAVED. THE ONLY HUMILITY SHOULD BE IN REVERENCE TO THE GOD WITHIN AND WITHOUT. YOU SHOULD NEVER USE HUMILITY TO KEEP YOU IN LACK AND LIMITATION. HUMILITY IS NEVER AN EXCUSE TO KEEP YOU FROM BEING THE BEST YOU CAN BE ON YOUR EVOLUTIONARY PATH. HUMANS HAVE BEEN TRAINED TO LOOK AT GOD IN THE SAME WAY THEY REGARD A MOUNTAIN, THEY ARE STILL AT THE LEVEL OF THE FIRST SEVEN. MOST ARE STILL JUST LOOKING AT GOD, NOT PASSING THROUGH AND EXPERIENCING GOD."

Vanessa and I looked at each other totally fascinated at the tenor and

quality of the information we were receiving. It came quickly and with much energy, never sluggish, like it was sometimes with other entities. It certainly seemed very spiritually based on God and not any dark forces. Again without my asking, Zarg continued.

ii "OF COURSE, OUR BEINGNESS IS ENMESHED WITH GOD. LOOK AROUND YOU AND TRY TO DENY THAT GOD EXISTS! ALL LIFE IS A PRAYER."

"The way that you speak to us and the fact that you are a light being seems almost as if you are a god to us."

→ "NO, WE ARE EQUALS ON DIFFERENT PLANES."

"Are you closer to God than we are."

"NO, THE SAME. WE CAN WATCH OVER YOU AND HELP KEEP YOU SAFE BECAUSE YOU SHARE OUR PROTECTIVE LIGHT. WE ARE ALL FROM THE SAME ENERGY. EXCELTA BROTHERS AND SISTERS CARE CLOSELY FOR EACH OTHER. WE CANNOT SEPARATE OURSELVES FROM OUR PAST. YOU ARE PART OF US. WE HAVE CREATED OUR LIVES TOGETHER. IT IS OUR OWN DECISION."

"Did those on the Excelta level come from the same planet?"

"NO, EXCELTA IS ONLY A RESTING PLACE, A STATE OF CONSCIOUSNESS ABOVE IT ALL. WE ALL CAME FROM MANY PLACES AND LIVES. ON THIS HIGH LEVEL, THERE IS A SPECIAL SPECTRUM OF LIFE FORMS."

"I still don't understand why at that level there was so much dissension between beings that King Dugud and his household had to leave Excelta."

"NOT ALL SPIRITS ARE HAPPY LIGHT BEINGS THAT HAVE REACHED THEIR FULL POTENTIAL. EVEN NOW, SOME ARE STILL ATTACHED TO THE IDEA OF PHYSICALITY. MANY ARE SOMETIMES JEALOUS OF THE EARTH BOUND AS THEY MAY NOT HAVE PROSPERED AS A PHYSICAL BEING. YOUR METAPHYSICAL IDEAS ON EARTH ARE NOT ALWAYS CORRECT. ONE DOES NOT HAVE TO BE PERFECT TO BE A LIGHT BEING. IT IS STILL A LEVEL OF SOUL WORK AND EXPANSION. ONE MAY REACH PERFECTION AT A DIFFERENT LEVEL. WE STILL HAVE OUR POWER STRUGGLES, AND WE ARE STILL PERFECTING OURSELVES. IT IS TOO BAD THAT WE ARE STILL STRUGGLING, BUT IT IS PART OF THE PROCESSING OF CAUSE AND EFFECT. THAT IS WHY GETTING THE EXCYLES BACK IS SO IMPORTANT. IT IS A COMPLETION, KARMICLY. YOU SHOULD ENJOY EARTH NOW. WE MUST ALLOW YOU YOUR OWN DECISIONS. LATER THERE WILL BE MUCH TO BRING US TOGETHER."

"Can you understand my doubtful questions?"

"IT IS GOOD. YOU ONLY WILL GROW IF YOU ASK QUESTIONS. THE ANSWERS ARE THERE AND WAITING TO BE DISCOVERED." i

"How long have you been watching us?"

"MANY EARTH LIVES, YOU WILL HELP OTHERS TO UNDERSTAND NOW. YOU DID NOT LISTEN BEFORE. THE EARTH IS MOVING TOWARDS AN UNHAPPY TIME. WE WILL ALWAYS BE THERE TO PROTECT YOU."

"Is this a time for punishment from the Creator for Earth?"

"THERE WILL NOT BE A PUNISHMENT, BUT EARTH

WILL GO ANOTHER WAY. THERE WILL BE ANOTHER LEVEL OF CONSCIOUSNESS ON EARTH. EARTH IS MOVING ON ITS DESTINY. THAT IS WHY THE EXCYLES ARE COMING TOGETHER. MIA IS THE MAGNET THAT BRINGS EXCYLES TOGETHER FROM VARIOUS PARTS OF THE EARTH LEVELS. YOU MUST BE CLOSE TO THE TRUTH. EXCELTA WILL GUIDE SO YOU WILL KNOW THE WAY."

"Can the Excyles make a difference together through the changes?"

"YOU WILL GET TO KNOW OTHER GROUPS BUT MOST IMPORTANT IS HELPING INDIVIDUALLY THROUGH EXPANSION OF YOUR UNDERSTANDING. THE UNITY OF EXCYLES WILL REINFORCE YOUR ENERGY SO THAT EACH WILL HAVE THE ANSWERS THEY SEEK. THERE ARE EXCYCLE GROUPS FORMING ALL OVER THE WORLD. TODAY IS A DAY TO REJOICE AND BE HAPPY AS TO WHO YOU ARE AND AFFIRM YOUR HERITAGE. TAKE CONTROL, SET A DIRECTION AND THEN FOLLOW IT. THE SPIRITUAL FATHER OVERSEES YOUR GROWTH."

"What about Excyles who fall by the wayside and ones who won't listen?"

"THEY MUST SEARCH ALONE. THERE ARE OTHERS WHO HAVE CHOSEN NOT TO HEAR THE MESSAGE. YOUR TIME ON EARTH IS TO LISTEN AND TO LEARN. THE EXCYLES ARE LOST SHEEP WHO MUST NOT WANDER TOO FAR FROM THE TRUTH. TOGETHER YOU CAN OVERCOME WHAT HAS BEEN PUT IN FRONT OF YOU TO DETER YOUR UNDERSTANDING. TOGETHER YOU MUST DEVELOP AND KEEP A STRONG LIFE. YOU CAN MAKE A DIFFERENCE, SINCE A PEBBLE IN A POND CREATES RIPPLES THAT MOVE OUT. MIA, YOUR MISSION HERE IS TO INFORM AND

ACKNOWLEDGE OUR FRIENDS, THE EXCYLES. YOU MUST LEAD ON THE PATH OF UNDERSTANDING. WE ARE COMING CLOSE TO THE TIME WHEN WE ALL WILL BE TOGETHER. YOU MUST KEEP THE TRUE FAITH AND EVENTUALLY YOU WILL WRITE A BOOK FOR EARTHLINGS. VANESSA AND THE KING WILL HELP YOU."

"Well, that is a lot to put on me. I am just a beginner in this. I am not even sure I believe all of this. It is heavy duty fascinating metaphysics. I am flattered that you think I am something special but I am not so sure I can bring people to rally around a Ouija board."

"YOU CHOSE THE OUIJA BOARD THROUGH YOUR CONSCIOUSNESS BECAUSE IT WAS EASIER. IT WAS A WAY THAT YOUR SPIRIT MANIFESTED TO POINT YOU IN THE RIGHT DIRECTION. YOU CO-CREATED THAT REALITY WITH JACQUE. IF THE SITUATION WOULD HAVE CHANGED AND JACQUE WOULDN'T HAVE GIVEN YOU THE BOARD, WE WOULD HAVE FOUND ANOTHER WAY TO CONTACT YOU. YOU REALLY DON'T NEED THE BOARD TO COMMUNICATE WITH US. YOU CAN CHANNEL US TELEPATHICALLY, BUT YOU MUST LEARN TO HAVE FAITH IN YOUR OWN ABILITIES. THAT WILL COME IN TIME. THE BOARD WILL BE THE BEST MODALITY TO BRING THE GROUP TOGETHER IN THE BEGINNING. HUMANS NEED SOMETHING TANGIBLE OR EXPERIENTIAL TO MAKE THE UNREAL SEEM LOGICAL. THAT IS WHY WE TELEPORTED YOUR CLOTHING AND UMBRELLA IN KENYA, WHILE YOU WERE ON SAFARI THIS YEAR. WE KNOW HOW YOUR MIND WORKS. LIKE OTHER HUMANS, YOU NEED PROOF BEFORE YOU HAVE FAITH. MIA, WE ARE REAL IN YOUR TERMS. WE ARE NOT FIGMENTS OF YOUR IMAGINATION OR VANESSA'S. YOU MUST HAVE FAITH

*“When one submits himself to spiritual growth, one must be willing to travel the path through pain, sorrow, love, happiness, joy and light, and have the courage and wisdom to face himself in the image of life. So goes the warrior into seeking insight and truth becoming one with the universe because there is nothing else.”*

– Zarg of Excelta

*“Let the light of your mind become a flame in your heart.”*

– St. Vincent dePaul

## AND THEN THERE WERE MORE

The most difficult aspect to convey of Zarg's and the other Exceltans' transmissions is the emotion and deep feeling attached to their words. It is truly as if he and the others who speak with us are looking us in the eye, sitting across from us or embracing us! Their emotions and feelings are energetically directed. We sensed not only their seriousness of purpose but their fun and games as well. Each of the personalities we were introduced to was well defined, each of the entities had their own particular "flavor." There isn't anything wishy washy about Zarg. Everytime I spoke with him, I wished that it was possible for me to pinch his cheek, hug him and even give him the raspberries! He always has assignments for me. I am the work horse of the Excyles. From the first transmission in 1988, my assignment was to write a book about the Excyles. Zarg said, "ALL WILL COME TOGETHER WHEN YOU COMPLETE THE BOOK ABOUT THE EXCYLES. IT IS A GREAT PORTENT. GOD IS PRESENT EVERYWHERE. LISTEN TO YOUR CLOSE FRIENDS IN SPACE FOR INFORMATION. BIG POWERS ARE BEAMED DOWN IN YOUR DIRECTION. THE LIGHT WILL SHINE SOON AS YOU ARE CLOSE TO YOUR HERITAGE. IT GIVES YOU STRENGTH AND ADDS MEANING TO YOUR DIRECTION. THERE ARE TASKS FOR YOU ALWAYS, AS YOU REPORT FOR EVERYBODY HERE ON EXCELTA. MIA IS THE LOVER TO THE UNIVERSE. KEEP WORKING FOR HAPPINESS AND TRY TO REMAIN STRONG AND STUDY INDIVIDUALLY. BE MORE SERIOUS WITH YOUR GIFT OF COMMUNICATING TO MANKIND AND YOUR EXCYCLE FAMILY ON EARTH. I CANNOT TELL ALL AT THIS TIME BUT WITH GREATER UNDERSTANDING, WE WILL BECOME CLOSER. OTHER EXCYLES HAVE LOST GOOD CONTACT ALONG THE WAY. YOU HAVE ALWAYS BEEN CLOSE TO YOUR UNIQUENESS, DESPITE YOUR ENVIRONMENT AND CIRCUMSTANCE ON EARTH.

THAT IS WHY YOU HAVE MEMORIES OF YOUR EARLY CHILDHOOD EXPERIENCES AND HAVE RECOGNIZED THAT YOU HAVE UNUSUAL PSYCHIC ABILITIES. YOU HAVE NOT TOTALLY SUBLIMATED THESE IN FAVOR OF WHAT EARTHLINGS CALL NORMALCY. THERE IS STILL MUCH WORK TO DO, BUT WE ON EXCELTA HAVE FAITH YOU CAN DO WHAT NEEDS TO BE DONE, DO NOT DENY YOUR SELFHOOD IN FAVOR OF THE EASY WAY WHICH BECOMES NOT MUCH MORE THAN TREADING WATER. WHAT IS THE POINT OF LIFE WITHOUT FORWARD MOVEMENT? KEEP THE MOMENTUM OF FORWARD MOVEMENT AND YOU WILL BE ENERGIZED LIKE A ROCKET AND THE ONLY THING THAT WILL STOP YOU IS THE LANDING PAD YOU ARE AIMING FOR.”

How do you know when we want to talk to you?

“YOU COMMUNICATE WITH US BY MENTAL FREQUENCIES. YOU ARE HERE DEAR, WITH US IN THE ROOM IN SPIRIT. YOU MOVE TO WHAT YOU CALL THE OTHER SIDE, INTO THE LIGHT. IT IS YOUR SPECIAL ABILITY THAT ACCOMPLISHES THAT, AND THAT IS WHY THE EXCYLES NEED TO HAVE YOU EITHER ON THE BOARD OR IN THE ROOM TO HAVE ACCURATE TRANSMISSIONS. YOU ARE THE ANTENNA, THE FREQUENCY FOCUS THAT FACILITATES THE COMMUNICATION. OTHERS CAN LEARN TO ACHIEVE IT BUT IT TAKES DEVELOPMENT AND FAITH. ARE YOU AWARE WHEN I OFTEN TALK TO YOU, IT IS LIKE A WHISPER IN YOUR EAR? SOME DAYS, I WALK WITH YOU, I PROJECT MYSELF TO BE CLOSE TO YOU. WE ALSO WATCH THE EXCYLES ON OUR VIEWING SCREENS.”

Can you speak to us from all the places you go to on board the ship?

“YES, WE MOVE CONSTANTLY, ALWAYS LOOKING FOR THE BEST PLACE FOR TRANSMISSION TO ALL OF OUR BEINGS AS THERE ARE EXCYLES THROUGHOUT YOUR SOLAR SYSTEM AND OTHER GALAXIES.” \*

Where would they be in our solar system, I thought Earth was the only planet sustainable for life?

“THERE ARE THOSE WHO LIVE BELOW THE CRUSTS OF PLANETS AND NOT ALL ARE IN YOUR DIMENSIONAL ASPECT. SOME LIFE FORMS ARE NOT AS EVOLVED AS EARTHLINGS AND SOME ARE IN DIMENSIONS YOU CANNOT SEE. REMEMBER ONE SIMPLE FACT YOUR EARTH SCIENTISTS SEEM TO FORGET, JUST BECAUSE YOU DON'T ACKNOWLEDGE THE EXISTENCE OF SOMETHING, DOES NOT MEAN IT DOESN'T EXIST. THERE IS A HIGH LEVEL OF MANY KINDS OF DENIAL ON EARTH. IF IT IS IN YOUR MIND, EITHER IT ALREADY EXISTS OR IS CREATABLE, OTHERWISE YOU WOULDN'T HAVE IT IN YOUR MIND! THOUGHTS CAN EASILY BECOME THINGS, INCLUDING BAD THOUGHTS! NEVER FEAR THOUGH, GOOD ULTIMATELY TRIUMPHS, IT JUST DOESN'T ALWAYS APPEAR THAT WAY.”

How is travel accomplished to other dimensions?

“IT IS EASY THROUGH SPACE WINDOWS. THERE IS CONSTANT MOVEMENT OF ENERGY WAVE RIPPLES. LIKE YOUR SURFERS, WE WAIT FOR THE RIGHT CURRENT AND RIDE OUR SHIPS IN ON THE RIPPLE. THERE IS AN EBB AND FLOW IN THE ACCESS WINDOWS. THE BERMUDA TRIANGLE IS ONE IN THE FLORIDA AREA. THEN OF COURSE, WE CAN COMMUNICATE INTERDIMENSIONALLY THROUGH BRAIN WAVES, WITHOUT CRAFT. WITH CRAFT, WE OFTEN SLIDE THROUGH GALAXIES TO MEET WITH

OTHER MEMBERS OF THE ASTRAL ASSOCIATION TO COMPARE NOTES AND CHECK OTHER STAGES OR LEVELS OF CONCIIOUSNESS FOR DEVELOPMENT.”

How did the Excyles enter Earth bodies?

“THE SOUL CHOOSES THE ENTITY FOR THE EXPERIENCES NEEDED TO PROGRESS OR BALANCE KARMA. AS I HAVE MENTIONED BEFORE, EARTH HAS A VAST OPPORTUNITY FOR EXPERIENCES NOT AVAILABLE ON OTHER PLANETS AND DIMENSIONS. EXCYLES HAVE BEEN ON EARTH SINCE ANCIENT TIMES, THAT IS HOW THE CIVILIZATIONS BECAME SO ADVANCED. YOU ALL HAVE BEEN AROUND EARTH DURING THESE PERIODS AND HAVE ESPECIALLY EFFECTED ATLANTIS AND EGYPT. THERE ARE E.T.s VISITING EARTH TO LEARN MORE ABOUT YOUR PHYSICAL BODIES WHICH ALSO HAVE UNIQUE COMPONENTS, ESPECIALLY YOUR HANDS AND FEET AND GENITALS, MANY FIND THEM EXTREMELY INTERESTING. DO NOT FEAR THAT THESE ENTITIES WHO USE EARTH PHYSICAL BODIES FOR THEIR SCIENTIFIC INVESTIGATIONS AND PURPOSES HAVE DOMAIN OVER YOU PERMANENTLY. THE POWER FOR GOOD RULES ALL THINGS AT ALL TIMES. LOVE TRIUMPHS ALWAYS OVER EVIL. LOOK AHEAD FOR ALL GOOD THINGS LIE AHEAD. REACH FOR A HIGHER PLANE. LET LIFE FLOW AND YOU WILL SUCCEED IN YOUR ENDEAVORS. ALL WILL HAVE A HARMONIOUS OUTCOME AS EVERYTHING IS BEING DONE THAT IS POSSIBLE. MANY LEVELS OF CONSCIOUSNESS ARE HELPING AND WORKING FOR THE GOOD OF MANKIND. IT HAS ALWAYS BEEN AND ALWAYS WILL BE, THAT IS THE NATURE OF THINGS. KEEP IN MIND THAT IN RETROSPECT, EVERYTHING IS IN ABSOLUTE AND PERFECT ORDER IN THE DIVINE PLAN. LEARN TO

TRUST YOUR OWN MIND VOICE AND DO NOT BE DISTRACTED BY APPEARANCES OF THINGS. THERE IS ILLUSION IN DISILLUSION. YOU MUST HAVE FAITH. THE MASTER MUST PICK A DIRECTION FROM HIS HEART AND FOLLOW IT TO THE END.”

As the years progressed, just as Zarg had prophesied, our Excyle fold increased. Some came into the fold in great wonder and astonishment and others in doubt and smirking cynicism. For a few years, we had a yearly Excyle reunion but I got tired of having to push the buttons of togetherness. I felt either they were attuned to the truth of their being or they were not. There were a few whose belief and enthusiasm never wavered. Of course, Troy, King Dugud, whose personal life was often beset with travail, always kept the faith with a resilience and resoluteness of purpose, of which I was in awe. He reminded me of those punchbag toys that you pushed down and always popped back up again! That was Troy, “No wonder he is the King!” I would often say to myself.

One thing I noticed about the Excyles I knew, even those who didn't take their heritage to their bosoms, almost all moved their lives forward in a very positive and growth producing way. Several returned to college and others improved their careers and businesses, which produced much happier, focused and centered lives.

I believe the greatest benefit has come to me. I have never felt happier or more alive, and this feeling increases every day. As Pollyannaish as it sounds, it is true! Some people are troubled because they don't know what their “mission” is in their life. They continually are on the prowl for something or someone to make them feel fulfilled or worthy.

Even though I was a happy and accomplished human being before 1988, since Zarg entered my life with his revelations, I feel truly born again! I have been baptized by the spirit of inner knowing, that part of me that never lies to myself no matter what. It has become a



sacrament to me signifying my spiritual rebirth, not just in my connection with Excelta but with my reunion with my Cosmic Parent, the Eternal Energy that is the One. In this initiation rite, I have released most of my fear of the Unknown, the dark morass that threatens us all, of what becomes of us once we drop our bodies. We are not bodies with souls, we are souls that inhabit bodies! I know for sure that life sometimes seems like a baptism of fire but is really just a basic initiation rite. Over and over the pervading theme that Zarg has presented is that life just asks us to do two things, love and learn. How much you love and how much you learn is the water mark of lifetime evolvment. That is the simple and most difficult mission for each soul every life experience.

It is a universal corollary. It is the ordeal that tests our endurance best. No sentient being that God creates can outwit the process, we all are involved in it, even at the 22nd Excelta level. There is no end to spiritual evolvment, even at the Godhead! The mind that created us and that recreates us must then recreate itself, always in the process.

Life is our mission, anything else is peripheral. As Zarg was instructing me so well in my lessons, I found the strength and courage to use the truths he shared. As my life evolved, I had plenty of opportunity to test my metaphysical mettle. In my search for more knowledge about cosmology and ufology, I had been drawn into the the intrigue of the United States Intelligence Agencies fun and games. If ever there was a test, that is it. I believe I have weathered it well.

Jordan, FBI Agent extraordinaire, said the U.S. Government has known about my contacts since my childhood. Even though I don't need Jordan's validation of my experience with Zarg, I therefore can assume that the information I have received is correct. Any kind of spiritual advice that is centered around loving God and mankind can't be wrong and can't do any harm!

For those of you who would admonish me or anyone else for using a Ouija board or giving credance to any information emanating through it, I would ask that you open your minds a bit. The use of Ouija-like devices is not new. In ancient civilizations, mystics used gadgets to call upon wisdom from the unseen realms. Jane Roberts contacted Seth, an "energy personality essence, no longer in physical form." Seth produced through Jane Robert's Ouija board, incredibly detailed spiritually based information. Similarly profound information was given to Jessica Lansing via the entity Michael. Books and poetry have also been dictated through Ouija boards.

In the past, I have had a great distaste for the use of what is now commonly called "channeling." I looked askance at it, as much as I had the use of the Ouija board. I felt that the information channeled was colored by the receiver. If the channel was not clear and centered spiritually, most likely the information was "tainted" by their belief systems and prejudices.

There is no doubt in my mind, that I was channeling Zarg and others from his level. Even though the planchette often moved quicker than my mind could tabulate its meaning, I was the conduit for the energy. I was the receiver. The force that moved it was through me via mind link. If it was at a subconscious level, it came from information I had culled through the milleniums on my way to Excelta and at the level of Excelta.

As Zarg stated, the use of the board was my choice, an easy way out in the beginning. At the level of third dimensional reality, the Ouija board acts as a physical focus for what is travelling through the Mind of God, a fluid medium of mental energy that acts as a conductor of information. I know now that I no longer truly need the Ouija board. I can and have received information directly on a mind to mind link from Excelta, the difference is that I trust the information more. Therefore, I am not really any different than those channels I eschewed, but I know how clear the channel that I am is! I know the mind set and the emotional baggage I am carrying. So, I can be

*“Why do you think having fun and being humorous is only for lower spiritual levels? My sense of humor is part of my natural being. Humor is a basic essence and nectar of life on Earth and all other levels.”*

– Zarg

## COSMIC “CARMA”

It had been a very special wedding shower. Geri had given it for Auriol also known as Barbara Glass. Auriol and Geri were involved in a group that channeled information from the Pleiades, a star system in our universe. I was not a member of the group but got to know Auriol through a mutual friend.

Geri's home is quite unusual. It reflects her and her husband, Sam's interest in metaphysics. Unusual crystals were placed strategically throughout, and pyramids and other Egyptobilia were everywhere. Auriol was engaged to marry Juan, a somewhat older Chilean shaman, within a few weeks. It was Auriol's first marriage and not the average pairing. They were certain that hands in unseen realms orchestrated their union. Auriol told me that space beings she communicated with predicted the match. They certainly were good matchmakers!

The shower was special in that much love and terrific gifts were lavished on Auriol by her friends in the Pleiadian study group. I was quite touched by the genuine friendship that was shared. It was a unique experience. Even though they were not bonded genetically as family, they were bonded by friendship as family. It was an evening well spent.

My drive back home from Pompano Beach to Ft. Lauderdale was leisurely. I was still basking in the warm glow of Auriol's party. It was a perfect Florida December evening, cool and in the low 70's. I rolled the window down on the driver's side and began my drive back home. When I got to Lauderdale, I turned off the well trafficked Federal Highway and cruised down Bayview Drive. Bayview is a street that winds its two lanes through quiet, residential areas. Most of the homes are single story and expensive. That evening there were few cars on the street, as it was almost midnight. I love it best when I have the road to myself and this was one of those times.

I had driven about three miles on Bayview humming with the music

Thanks to my wonderful little Minolta, another photo insight has happened. When I visited the mountain with my friends, I had a very intense urge to aim my camera over the huge crucifix at the top of the mountain. It felt a little strange there and I had the desire to photograph the overcast cloud formations surrounding and especially above the giant crucifix. When the photo was developed, it showed a brilliant blue green beam shooting down out of the clouds.

After we left Santa Montana, and prior to my developing the photos, when we told Juan Marron, the Puerto Rican UFO researcher, that we had visited Santa Montana, he told us many interesting facts about the place. Included was information about the giant crucifix I had photographed. Juan said that the crucifix appears to be the entry point, or dimensional doorway, for space craft. He said that often blue beams and ships are seen coming right out of the sky, over the cross! It seems that I picked up that information on my own, without being conscious of it. Like photographing the Cosmic Enersphere in Moca, my little Minolta was aimed at the right unseen energy focus.

If NASA is interested in Santa Montana, perhaps it is because of all of the activity around the crucifix. I have been told that the church's original book about Elenita was removed from the book store and has been revised by the Catholic Church. What could be that important or make that much difference, that facts must now be changed? Whenever questions about Elenita are addressed to the nuns and clergy that serve the chapel on Santa Montana, they are now reluctant to respond and appear nervous. They say that Elenita is no longer a person considered important or spiritually sanctified. The change in the Church's attitude about Elenita coincided with NASA's interest in the Santa Montana site. Why does NASA close the facilities for their own use? Perhaps Elenita was a space woman on a mission, and not a saint! To me, *that* is a real possibility!

## VIRGIN MARY MOTHER OF JESUS, DAUGHTER OF THE UNIVERSE

I have become very much interested in the appearances of the Virgin Mary, all over the planet. Throughout the history of Christianity, the Blessed Mother has made her impact on the devout and the non-practicing alike. In all cases, Mary's energy has been reported as loving and powerfully exquisite. It also has been reported that she has manifested appearances before non-Christians and has shared spiritual information with these non believers.

In the last ten years, Marianist appearances have escalated world wide. So many people (called visionaries) have reported regular appearances of the Heavenly Mother in their presence that one must consider what is going on here on Earth! After hearing about Elenita in San Lorenzo, Puerto Rico, and formulating my opinion about her, I now have a similar opinion about all of these appearances of Mary. I strongly think that many of Mary's appearances are holographic images created by space or inter-dimensional beings. I believe that I now have photographic evidence to support my position.

The archetype of mother is sacred the world over. Mother imagery has been revered since day one in the history of humanity. Who doesn't love his/her mother or fervently desire love from a mother or mother figure! The essence of all that is female is the Goddess energy. In antediluvian times and the pre-Christian eras, the Goddess energy reigned supreme.

Currently, there is a resurgence of the Goddess. Women are banding together in groups to redefine and reawake the Goddess within and revel in it. It seems to be happening spontaneously. Therefore, I think it is a logical progression to assume that the most well known and most widely accepted mother figure/Goddess ever to appear in the consciousness of this planet, Mary, would take ascendancy in our time of greatest need and change. For non-Christians, the image of

Jesus creates a kneejerk reaction that is not positive. Much evil has been done to non believers in the name of Jesus that would cause their future generations to revile his name and recoil at his image.

It is not the same with the Blessed Mother. The reaction is not so intense. Her mantle is soft and maternal. She is much more acceptable to appear before people in a supernatural way.

Those space visitors who have studied us and continue to do so are no dummies. They know what we respond to and have studied our psyches very well. What image could deliver the message of peace, love and devotion to the Creator with the most sincerity, believability and acceptance? And boy, do we need to hear what she has been saying! The real question is, will we listen?

All of the Marianist information has been the same. We are in imminent danger of world wide catastrophe, if we do not get our act together and learn to love each other, and to put down our swords and turn them into plow shares. It is not a new message.

We have weapons of mass destruction, and the possibility of their use may be proliferating. Even with the downfall of Communism, these weapons are being made available to unstable insurgents and revolutionaries. Planetary love is losing to divisive and partisan politics. We had the opportunity for planetary peace with the downfall of the Soviet system. The gauntlet of war was picked up instead.

In the years prior to the cataclysmic warfare and genocide in what was Yugoslavia, the Blessed Mother appeared to young visionaries in Medjugorje. She foretold the future for that country and urged the visionaries to ask their countrymen to work towards brotherhood. Millions of pilgrims have visited the site and many miracles were said to have occurred there. The greatest miracle of peace and brotherhood has not yet manifested, however.

It is interesting to note that sightings of UFOs have often been seen during the apparitions. When the Medjugorje visionaries asked the Blessed Mother about the UFOs, it is reported that she smiled and did not respond with an answer.

In South Florida, Nora, a visionary, reported having regular appearances of Mary on the 13th of each month. The mechanics of the manifestations of Mary are usually the same. For a short time, or for several years, she appears to certain visionaries at regular intervals. There are certain physical phenomena that usually happen. Most often it is the pulsations of the sun that are the most dramatic. The sun appears to vibrate and move forward and back, as if it has been zapped from its normal position. It is most often, at this time, that the Blessed Mother appears to the visionary(ies).

I visited Nora's home on the 13th of the month and took some very interesting photos, quite unexpectedly. At the time we were alerted that the Virgin was arriving, I aimed my simple camera skyward and was very surprised at what developed on the film. In 4 of the photos, there was a hard edged, Saturn shaped craft and a circular object with it that appeared to have a laser type device on it. I believe that it was laser, since it emitted a thin, rainbow colored portion of light, like a beam. In one of the photos, there was what looked like an apparition of the Virgin. It resembled her pose, stance and flowing mantle and cloak. She had her hands clasped in the prayer position and her head cocked to the side. It was a typical Marianist pose. In some of the photos, the Saturn shaped craft is positioned behind the clouds, therefore eliminating a lens flare possibility.

Thousands of visitors came to Nora's home until the Roman Catholic Church forbade Catholics from visiting or validating the apparitions. Despite that, many people said that they had miracles occur there. One month, an incredible circular rainbow was seen exactly at the appointed time of the Holy Mother's appearance. Nonetheless, the Church took a vehement posture of denial of the visions and the visionary. Perhaps, someone else photographed the Saturn shaped craft, as well.

Regardless of one's belief or non-belief in Christianity, the Roman Catholic Church or the Virgin Mary, the increasing numbers of what may or may not be Marianist apparitions is profoundly important. Her message is truly universal and needed. It is not a sectarian point of view. We are being warned that we must change our ways and learn to come together as one race, the human race, or we will no longer have a livable planet. Using our free will, we have an opportunity to change our destiny.

Other universal species are very concerned about what we do here. If we destroy this planet, it will impact upon this universe and the multi universes. Energy is never lost, it can only be transformed. We are a drop in the ocean of consciousness and the ripple is felt everywhere in God's creations. We are not separate, all is One. Perhaps if we are not listening to the lessons being forced upon us gently, it will be hammered on us from beings who are not human.

Someone is trying to get our attention! When are we going to take heed, before it is too late? No matter what our belief systems, we should listen to the Blessed Mother and her spiritual wisdom. We must unite in the love of the Creator for the good of All and do it now!



*Above and below: Photos taken in Hollywood, Florida at the home of Nora, the visionary who reported having regular appearances of Mary on the 13th of each month. The "ships" and figure of the Virgin were not visible to the naked eye.*  
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It was a very realistic experience to me and I started shivering as I saw and felt myself going deeper into the sea. I also saw myself as a male which amazed me. I had no idea that you can be either sex in various lifetimes.

I decided to take Pat's suggestion and plumb the depths of my soul memory to see if I had any relationship to Bimini or Atlantis. I went into a deeply relaxed state which took a few minutes, and through a process of visualization, I was able to find the answer to my perplexing question.

I had lived in what was known as Atlantis approximately 26,000 years ago. I was a female whose parents were both extremely important to the people of those times. They were the Keepers of the Crystal. The Crystal appeared to me to be gigantic and was housed in a building that looked similar to our atomic power stations. I was the heir apparent to their position as Keeper. They were teaching me their knowledge. I saw myself as married to an extraterrestrial who had come with others from his planet to genetically encode the Earth with what he called "reason." He was in charge of the diplomats that were coming from other cosmic systems to help in Earth's development or just for the usual look-see of space travellers. We had twins, a male and a female. When I discussed the children I said that they were perfect children in every way. As I said this, I did not feel parental love. I was very proud but detached, more like a relative than a parent.

It seemed that there was a war between two factions, the Emotionals and the Rationals. The Emotionals wanted to harness the powers of the crystal for war and weaponry. The Rationals were adamantly against this and therefore a civil war ensued. My husband was, of course, in charge of the Rational contingent. The next thing I viewed was myself, my children and their nurse in a cave. There was some kind of a cataclysmic event and we died in that cave. No other information came through.

I was totally amazed at how I could get this information. I was especially fascinated with the business of being married to an extraterrestrial. I had never cultivated an interest in or even thought in terms of E.T.s or UFOs. Why would I bring that in? This event occurred prior to the current generally pervasive interest in crystals. Pat was also bowled over with all of the specific information. She said that much of what I had described was, in fact, stated similarly in the literature about Atlantis. I say categorically here that I had *never* heard of or read anything about Atlantis, crystals or E.T.s in ancient times. Obviously, this information was coming from somewhere. It would be 15 years later, that I would be getting my first clue as to how accurate my regression was.

*"ON ATLANTIS, THE EXCYLE, ELLEN WAS YOUR SISTER WHO TOOK CARE OF YOU. SHE WAS YOUR OLDER SISTER WHO WAS VERY STRONG AND PROVIDED SUPPORT THROUGH BAD TIMES AND IN YOUR TROUBLES. HER NAME WAS GHELLIA THEN AND YOURS WAS HELIO. YOUR FATHER, KEHELDER, WAS CONSIDERED THE KING OF COMMERCE AND ALSO THE BOSS OF THE CRYSTAL REACTOR. GHELLIA WAS A FEMALE WARRIOR IN CHARGE OF DEFENSE. SHE WAS SECOND IN COMMAND IN LEADERSHIP OF THE ARMY. THE SOUL WHO WAS KEHELDER IS VERY POWERFUL IN THIS LIFETIME AND COMES CLOSE TO YOU SOMETIMES. YOUR HUSBAND WHO ABANDONED YOU IS YOUR ACQUAINTANCE, EXCYLE GREGORY."*

- Zarg

welcomed to Philae by the night watchmen, surprised to see such early morning tourists. The air was cool and soft; as the sun rose, it sparkled off the sides of the columned walls like diamonds. Each of us went off to find a place to greet the dawn. I thought that at that moment, there was no better place to be. I had a tremendous sense of well being. I walked towards the main open courtyard. The high walls of the temple were carved with huge figures of gods. As I looked at them, I had a feeling of familiarity. My back began to stiffen, as my spine became ramrod straight. Suddenly, I had an impulse to put my hands together in a prayer position and walk through the courtyard.

The hairs rose on the back of my neck and I had an intense feeling of deja vu. Since our guide hadn't yet arrived, I wasn't sure of the purpose of this place but I had the knowing that I had, indeed, been there before. Suddenly in my mind's eye, I could see myself dressed in a flowing gown with a kind of veil, walking with other similarly dressed females, two by two across the courtyard.

I sat in the courtyard meditating, until the guide arrived and we were told to gather together to hear about Philae. We were told that this temple was dedicated to the goddess Isis, the goddess of fertility, the sister and wife of Osiris and the mother of Horus. As soon as I heard that, I perceived my experience in the courtyard was valid. I felt that I was a priestess in the Isis cult; I became aware of the devotion for the Isis ideal from that incarnation. It seemed so real in that environment. I had never given Isis a thought before!

On our way back to Cairo, the ship stopped at the Temple of Dendera. A couple in our group were going to have a wedding ceremony performed as a symbolic gesture of their spiritual union. I had a similar but less intense feeling there. Dendera is also dedicated to a goddess, Hathor and was also built in the Ptolemaic dynasty, as was Phylae. Perhaps, since these are contemporaneous structures, dedicated to goddesses, I probably worshiped at both. In both temples, I felt at home but not especially happy. So, if I existed in

those times and served the goddesses in those temples, I was doing what was correct, but I was not blissed out. I feel that I am a lot happier in this lifetime than I was then.

Currently, I have learned to be the goddess in my own life. I no longer ask for results in supplicating prayers to the diety; I affirm that my desires are here right now and are mine by divine right of consciousness. Probably if I had known this cosmic spiritual corollary in my Egyptian days, neither Isis or Hathor ever would have said no to me! Maybe that is what spiritual development is all about!

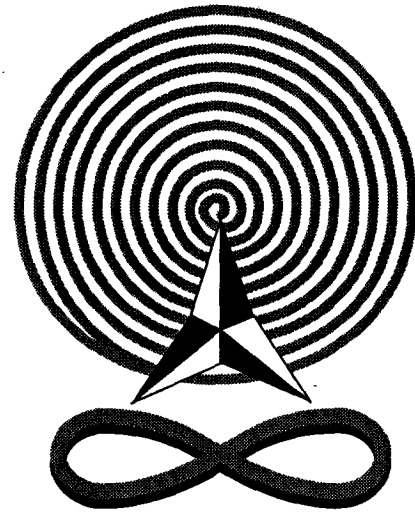
### DEJA VU-EGYPT

*It is 2300 BC, my name is Clovise. I am an apprentice priestess at the Temples of Dendera and Philae. I have a cousin Ra-Ti, who is studying at the Temple of Papyrus, school for scribes. (In this lifetime, Ra-Ti is Troy. Ra-Ti is learning hieroglyphics. He wants to teach me to be a scribe, although women do not do that. Ra-Ti and I are half-Nubian and grew up together near Luxor. We always loved each other. Ra-Ti would spy on me when I would bring offerings to the altar in the center of the main courtyards, early in the morning. He tried to induce me to make love with him but I refused, although I loved him and wanted him also.*

*One day, his passions got too much for him and he followed me to a secluded area where I was praying and he surprised me. At first, I thought he was just trying to scare me but then he raped me. This was all very forbidden stuff. I became pregnant and had to run away with him. We went into the most western part of Nubia and lost our identities there. We raised a family and I taught hieroglyphics to females. Ra-Ti had a scarab business.*

— Mia

*Self regression in meditation*



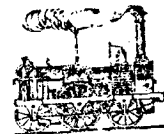
# THE EXCYLES

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GATORY

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AND WAS ROMANCED BY A  
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BY MIA ADAMS



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